

Feeling lost and alone with no one to turn to?

— FEAR NOT —

# HOLD ON TO THE ONE WHO HOLDS THE FUTURE

**U**ncertainty is certain. We go through life without knowing what might come next. We feel we've lost control because we want to go about our lives only on our own strength. But **there's hope. We are not alone in facing our challenges.** We can break free from our worries and anxieties. We just have to **know the One who knows everything, even what's ahead — Jesus Christ.**

Turn your **fears to faith** and your **worries into worship.** **God knows what He's doing.** We can **trust His lovingkindness.** Let our worried hearts and weary souls **rest in Him.**



It is the Lord who goes before you. He will be with you;  
he will not leave you or forsake you.  
Do not fear or be dismayed.

DEUTERONOMY 31:8

# REST IN THE GRACE & LOVE OF JESUS CHRIST

Know that **God loves you**. He created you to love you. And **He wants you in His family forever in Heaven**. He revealed this throughout the whole Bible, and **fulfilled His promise through Jesus Christ**.

He said He will not leave us nor forsake us.  
**His love is the answer to every crisis.**

---

*Here I am! I stand at the door and knock. If anyone hears my voice and opens the door, I will come in and eat with that person, and they with me.*

## REVELATION 3:20

---

Accept Jesus' offer of an intimate, personal relationship by accepting Him into your heart in prayer:

**Dear Jesus,**

*I admit I have lived my life on my own terms.  
I recognize that I am a sinner and that I need you.  
Today, I open the door of my life and receive you as my Savior and Lord. Thank you for dying on the cross to give me eternal life. Take hold of my life and make me the kind of person you want me to be.*

**Amen.**

Trust Jesus for every detail of your life and obey His words to experience a life of peace and purpose through every season of your life, to eternity.

If you've prayed this prayer and have questions, you may reach out to us through email at [pastoralcare@humanheartnature.com](mailto:pastoralcare@humanheartnature.com)