

# human nature

Issue 6, 2022 P6.00



Love-filled Gifts  
for Everyone  
on Your List

pro-philippines • pro-poor • pro-environment

# 'Tis the Season of Giving Love!

Christmas is a season where the spirit of giving is at its peak, and choosing gifts for everyone on your list can truly be tricky. However, if there's one no-fail gift that you can endlessly share with others no matter who they are, it's the **gift of love** -- love that shows kindness, gives a helping hand, and uplifts others. Love that celebrates the birth of Jesus, God's greatest gift to all of us.

With every gift you buy from Human Nature, you share the love that helps **lift up workers and farmers from poverty.**

You share the love that genuinely **cares for health to nurture your loved ones inside and out.** You share the love that is **kind to animals and our planet.**

It's a gift that's well-thought of; a gift that grows when it's shared, & a gift that lives on through the lives of others.

**Make this Christmas count. This holiday season, choose to give the gift of love.**

With great joy,

human**o**nature

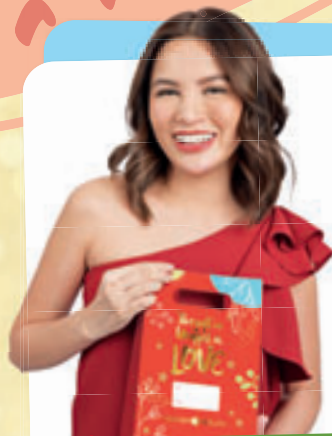
Pro-Philippines. Pro-Poor.  
Pro-Environment



Plastic Recycling  
Partner







# Shop Gifts of Love

Fast, Easy & Safe!

CASH ON DELIVERY SHOPPING

LazMall | Shopee Mall

CALL & COLLECT FROM YOUR BRANCH



Find your nearest branch on p.95  
CALL, text or message your order & set your preferred time & date for pickup

COLLECT your orders 2 ways:

- In-store or via curbside pickup
- Book a rider and have them delivered to you via



GET SAME-DAY/  
NEXT-DAY DELIVERY

Need your gifts ASAP? Search for Human Nature\*\* on:

GrabMart | METROMART | panda mart

NOT SURE WHAT TO GET YOUR LOVED ONES?  
GIFT AN ALL-ACCESS TICKET!



human nature Gift Certificates

\*Gift Certificates may be PURCHASED online and in all Human Nature branches nationwide  
 \*Gift Certificates may only be REDEEMED in all Human Nature branches nationwide  
 \*Member/dealer discount is not applicable for purchases of Gift Certificates. Discount will only apply upon redemption if the member/dealer is the one redeeming the Gift Certificate

\*\*Available in selected Human Nature branches only

SEND & SHIP GIFTS  
TO YOUR WHOLE CHRISTMAS LIST  
IN ONE CHECKOUT!

1



Choose all the gifts you want to send out



2

Add your recipients' details and assign gifts to each one



3



We'll ship your gifts directly to them!

Don't know their address?  
We'll help get it for you!

All we need is their mobile number and we'll send a link to a form for them to fill out!



I don't know the address of this recipient.

to your dear inaanaks



to your titos and titas



to your entire barkada



#ShopGoodness at  
[www.humanheartnature.com](http://www.humanheartnature.com)

# Gift Love & Goodness

Make the world a better place by **sharing goodness** to those around you! Give gifts that genuinely give love — love that **cares for you inside and out**, **uplifts fellow Filipinos**, and **preserves our beautiful planet**.

## Ready-Made Gift Bundles

All the following bundles come with festive gift bags included in the price.  
**Personalize each gift with the name of your recipient!**



Complete your gift shopping here



Also sold separately

**SMALL P15**

**LARGE P25**

## Pocket-friendly Gifts below P200

For your loved ones on your list!



### HAPPY HELPING HANDS

50ml Pocket Soap (Citrus or Pomelo)  
50ml Spray Sanitizer (Citrus or Pomelo)  
Small Christmas Gift Bag

**P154.50**



### MERRY SKIN SAVERS

50ml Skin Shield Oil  
50ml Spray Sanitizer Citrus  
Small Christmas Gift Bag

**P189.50**



### SOAP SCENT-SATION

120g Tea Tree Cleansing Bar  
120g Lemon Cleansing Bar  
Small Christmas Gift Bag

**P199.50**



## Hand and Body Treats

### CITRUS DUET

50ml Spray Sanitizer Citrus  
120g Lemon Cleansing Bar  
Small Christmas Gift Bag

P174.50

### CHRISTMAS CARESS

Any 2 50ml Healthy Lotions  
Small Christmas Gift Bag

P174.50

### ZESTY HAND BESTIES

50ml Spray Sanitizer Pomelo  
30g Hand & Foot Salve Pomelo  
Small Christmas Gift Bag

P234.50

Complete  
your gift  
shopping  
here



## Sunflower Beauty Bundles



### HOLIDAY GLOW

50ml Sunflower Beauty Oil  
50ml Healthy Lotion Berry Bliss  
**FREE** Small Christmas  
Gift Bag

P269.50

SAVE  
P15

### PEACEFUL GLOW

50ml Sunflower Beauty Oil  
10g Rescue Balm  
**FREE** Small Christmas  
Gift Bag

P274.50

SAVE  
P30

### TWIN SKINDULGENCE

50ml Sunflower Beauty Oil  
Any 30g Hand & Foot Salve  
**FREE** Small Christmas  
Gift Bag

P299.50

SAVE  
P55

### STARS OF THE SEASON

50ml Sunflower Beauty Oil  
Any 35g Shampoo Bar  
**FREE** Small Christmas  
Gift Bag

P329.50

SAVE  
UP TO  
P35



## Beauty Treats for Teens

Natural goodies for the youngsters!

### CHRISTMAS KISSES

Any Tinted Lip Balm  
Any Lip Butter  
**FREE** Small Christmas Gift Bag

P199.50

SAVE  
P55

### PURE CHEER

100ml Pure and Sure  
Facial Wash Tropical Fresh  
165ml Pure and Sure  
Feminine Wash Cool Fresh Tea  
**FREE** Large Christmas Gift Bag

P299.50

SAVE  
P15

### DEWY DELIGHT

50ml RoseDew Mist  
Any Tinted Lip Balm  
**FREE** Small Christmas Gift Bag

P324.75

SAVE  
P75



Complete  
your gift  
shopping here

## Bright & Merry Holiday Beauty

Top-to-Toe Body Care and Cleansing

### ECO-FRIENDLY TREATS

35g Zesty Vanilla Delight Moisturizing  
Shampoo Bar  
120g Lemon Cleansing Bar  
Small Christmas Gift Bag

P254.50

### MISTY CHRISTMAS

50ml RoseDew Mist  
Any 30g Hand & Foot Salve  
**FREE** Small Christmas Gift Bag

P349.75

### MERRY MANDARIN

180ml Moisturizing Shampoo Mandarin  
200ml Moisturizing Conditioner Mandarin  
Large Christmas Gift Bag

P364.50



## A Cooling & Caring Season

### COOL-TIDE SEASON

200ml Cooling Lotion Cool Blossoms  
200ml Cooling Body Cleanser  
Large Christmas Gift Bag

P499.50

SAVE  
P5



### WELLNESS WONDERS

10ml Lavender Oil  
10ml Rosemary Oil  
**FREE** Small Christmas Gift Bag

P500

SAVE  
P85



### SNOW & GLOW

50ml Sunflower Beauty Oil  
100ml Cooling Leg & Body Cream  
**FREE** Large Christmas Gift Bag

P559.75

SAVE  
P50



## Skin Care Levelled Up

### SKIN SALVATION TRIO

Any 3 30g Hand & Foot Salves  
**FREE** Small Christmas Gift Bag

P399.25

SAVE  
P65



### SEA SKIN TREATS

100ml Marine Caviar  
HydroMiracle Face Cleanser  
50ml Marine Caviar  
HydroMiracle Essence  
**FREE** Large Christmas Gift Bag

P450

SAVE  
P125



### WINTER WONDERLAND

120g Lavender Cleansing Bar  
100ml Cooling Leg & Body Cream  
Large Christmas Gift Bag

P499.75

SAVE  
P10



Complete  
your gift  
shopping  
here



## For The Hardworking Heroes

### MINTY GENTLEMEN

50ml 2-in-1 Men's Face Wash  
50ml Spray Sanitizer Cool Burst  
Small Christmas Gift Bag

P194.50

### ST. NICK'S PICKS

50ml 2-in-1 Men's Face Wash  
120g Men's Bamboo Charcoal  
Cleansing Bar  
Small Christmas Gift Bag

P214.50

### SANTA'S SHOWER FAVES

35g Men's Shampoo Bar  
50ml 2-in-1 Men's Face Wash  
**FREE** Small Christmas Gift Bag

P259.50

SAVE  
P15



Complete your gift shopping here

## For the Precious Little Ones

### EARTH'S LITTLE HELPERS

35g Kids Shampoo Bar  
120g Kids Bath Soap Gummy Berry  
Small Christmas Gift Bag

P259.50

### KIDDIE BATH BUDDIES

Any 180ml Kids Shampoo  
& Body Wash  
120g Kids Bath Soap  
Gummy Berry  
Large Christmas Gift Bag

P284.50

### TINY TOTS TREATS

190ml Baby Wash  
(Powder Love or Tangerine Dream)  
190ml Baby Lotion  
(Powder Love or Tangerine Dream)  
Large Christmas Gift Bag

P399.50

SAVE  
P5



# Buy Gifts in Bulk & SAVE MORE!

## Barkada Bestsellers

**BUY 10**  
Rescue  
Balms 10g  
**GET 1 FREE**  
P997.50

**BUY 10**  
Comfort  
Balms 10g  
**GET 1 FREE**  
P997.50

**BUY ANY 10**  
Tinted Lip  
Balm 4g  
**GET 1 FREE**  
P1,097.50

**BUY 10**  
Sunflower Beauty  
Oil 50ml  
**GET 1 FREE**  
P1,897.50

**BUY 5**  
Sunflower Beauty  
Oil Bloom 50ml  
**GET 1 FREE**  
P1,073.75

**BUY ANY 6**  
Lip Butter  
4.8g  
**GET 1 FREE**  
P778.50

## Holiday Beauty Bundles

**BUY 2**  
Overnight  
Elixir 30ml  
**GET P200 OFF**  
P1,790

**BUY 2**  
Pure Rosehip  
Oil 15ml  
**GET P500 OFF**  
P1,090

**BUY 3**  
Sunflower Eye  
Cream 15ml  
**GET P75 OFF**  
P900

**BUY 3**  
RoseDew Mist  
**GET 1 FREE**  
P825

**BUY 4**  
Natural Lip  
Scrub 12g  
**GET 1 FREE**  
P780

**BUY 3**  
Hair Serum 50ml  
**GET P30 OFF**  
P659.25

## Family's Faves

**BUY 3**  
Cooling Leg & Body  
Cream 100ml  
**GET P100 OFF**  
P1,085

**BUY ANY 2**  
Wellness Oils  
(Tea Tree,  
Eucalyptus,  
Citronella, Rosemary)  
**GET P40 OFF**  
P550

**BUY 3**  
Men's Oil-Fighting  
Facial Wash  
100ml  
**GET P75 OFF**  
P449.25



# What's Inside

## Christmas Specials



**How to Shop/Send Gifts to Many** p.4  
**Christmas Bundles** pp.6-15  
**Bulk Buys** p.16  
**Stocking Stuffers** p.48  
**Christmas Rebates** p.96

## Categories

20	Sustainability	86-89	Home Care
22, 27, 45	Beauty Oils	90	Sun Care
24	Premium Face Care	90	Pet Care
28-31	Hand & Foot Care	91	Insect Repellents
29, 31, 44, 73	Pure & Sure Line	92	Social Enterprise Partners
32	Makeup: Lipcare		
34-45	Face Care		
46	Wellness		
50-53	Makeup: Color Cosmetics		
54-61	Hair Care	2	Share Gifts of Love!
62-69	Body Care & Cleansing	4	How to Shop/Send Gifts to Many
70-73	Feminine Care	18	What's Inside
74	Deodorants	18	Our Philosophy
76	Oral Care	19	Christmas Greetings
78-81	Baby Care	95	Where to Find Us
82	Kids Care	94	Be a Member
84	Men's Care	96	Christmas Rebates

If you're not happy with your purchase, you can return or exchange non-food products within 30 days and food products within 7 days from the date of purchase—absolutely. Because you deserve only Goodness.



**ERRORS & OMISSIONS EXCEPTED.** Every care was taken to ensure that all information in this magalogue is current and correct. If you find an error or omission, we will correct it as soon as possible after verification. All testimonials in this magalogue come solely from customers' own experiences and opinions and do not reflect the brand's official claims, nor do they constitute medical or other professional advice.

## Our Philosophy

### Pro-Philippines

Our products are created by Filipino scientists to care for a wide diversity of skin and hair types and textures. We strive to bring the best of the Philippines to the world, using Philippine ingredients and packaging wherever possible. We partner with local social enterprises and farming communities, purchasing at fair trade prices to help our economy flourish.



### Pro-Poor

Since day one, we've paid workers more than minimum wage — we provide living wages to ensure quality of life. We have a no firing policy for regularized workers because we believe in second chances just as God forgives our mistakes. In abundance or in scarcity, especially during the pandemic, we don't lay off workers and we commit a significant portion of our sales towards uplifting the poor.



### Pro-Environment

All our products are genuinely natural and free from harmful chemicals. We ensure that our raw materials are naturally-derived and only undergo processes that are non-toxic to our ecosystems. We commit to sustainability with plastic bottle-free formulations, upsizing options, refilling stations and recycling drop-offs where available to lessen our plastic waste.



## Our Natural Products



## human nature

is the Philippines' pioneering brand of effective, safe and affordable **genuinely natural beauty, personal care, and home care products.** Each product is at least 95% natural, and has **no harmful chemicals** linked to health risks or that can harm the environment.



We're the first Philippine brand **certified cruelty-free** by PETA, the world's largest animal welfare organization.

All vegan products are highlighted as such in the succeeding pages.

## Dear Friends,

Christmas is once again just around the corner and for the first time in almost 3 years, we're starting to feel like having a proper merry celebration!

As we all look forward to parties, reunions and gifts galore, may the lessons of the pandemic remind us that the most important things in life are not the material things exchanged but **the love that we share with everyone** especially those among us who continue to struggle. Our annual "Christmas with our Neighbors" has never stopped and all over the country, Human Nature stores have been spreading cheer to the community through simple celebrations. Please check out your local Human Nature branch if you want to participate in giving love to the poor this Christmas (check out p.95 for our branch directory).

Are you making your Christmas list yet? Let us make it easy for you! We've got **Christmas bundles ready for giving in festive gift bags** for everyone in your list be it your best friend, boyfriend, sophisticated aunt or adorable pamangkins. We've got **bulk buys for everyone in your friend group and stocking stuffers under Php 100!** What's more, you can shop with convenience by checking out our **"send to many"** feature on our brand new Human Nature website! Choose your gifts, type in your recipients' addresses (or just their mobile number—we'll help you ask where they want their gifts delivered), and we'll do the rest of the work for you.

As we remember how Jesus gave us His love by coming to be one with us this season, may we be moved to **share joy and love, enough for everyone.**

Have a blessed Christmas and a hope-filled New Year!



Anna, Camille & Dylan  
Founders



# this christmas, give the gift of a more beautiful planet.

Give the next generation a cleaner future with genuinely natural, less plastic, toxin-free choices

The Philippines is the world's 3rd top marine plastic polluter, generating 2.7 million tonnes of plastic waste each year, 20 percent of which ends up in the sea.

Let's put an end to plastic pollution.

## REFUSE

The best gifts are plastic bottle-free!

### Shampoo Bars (p.54)

At least 95.4% Natural  
**99.22% LESS** plastic vs. Shampoo 180ml

### Face Bars (p.34)

At least 95.76% Natural  
**99.29% LESS** plastic vs. Face Wash 180ml

### Feminine Wash Bar (p.73)

95.11% Natural  
**98.55% LESS** plastic vs. Feminine Wash 165ml



## REDUCE

Large sizes use much less plastic per ml and make perfect gifts for families!

### 1L Shampoos Strengthening/Moisturizing (p.59)

99.24% Natural  
**60% LESS** plastic vs. Shampoo 400ml

### 1L Strengthening +PLUS Shampoo (p.57)

98.86% Natural  
**60% LESS** plastic vs. Shampoo 400ml

## REUSE

Keep your home sparkly-clean during the holidays!

Refill Human Nature home care bottles at our Refilling Stations in the Flagship Store in Commonwealth, SM The Block, SM Megamall, Festival Mall and TriNoma branches





# 25 MIRACLES IN 1 GIFT



## Sunflower Beauty Oil

Fragrance-Free

- ✓ 100% Pure Premium Sunflower Oil
- ✓ Hypoallergenic
- ✓ Dermatologist-tested
- ✓ Suits all skin types
- ✓ Vegan
- ✓ Cruelty-free

₱ 189.75 50ml  
₱ 329.75 100ml

**↑ UPSIZE NOW!**  
**SAVE ₱49.75**  
100ml vs. two 50ml bottles

You may still receive our Sunflower Beauty Oil 50ml in its classic packaging while stocks last

## BIG SAVINGS

Get a cute Christmas gift bag plus amazing discounts.

**Check out p.9 for Sunflower Beauty Oil Christmas promos and bundles now!**

**₱30  
OFF**

**Sunflower Face Bar** (p.35) when bought with **Sunflower Beauty Oil 100ml** **₱149.75 only**

## Sunflower Beauty Oil Bloom

99.95% Natural  
Vegan | Hypoallergenic

₱ 214.75 50ml  
₱ 359.75 100ml

**↑ UPSIZE NOW!**  
**SAVE ₱69.75**  
100ml vs. two 50ml bottles

**FRESH  
FLORAL  
FRAGRANCE**

# EFFORTLESSLY GLOWING SKIN

“**Awesome multi-tasker.** I use it for my face, hair and body. A little goes a long way. **Non-greasy** yet very **nutrient-rich, moisturizing** and **soothing** to the skin. The subtle **smell is great** (I love roses). Superb quality product.”

— Ces (website review)

Packed with **OLEIC ACID** and **VITAMIN E** that help skin maintain its youthful glow

**HYPOALLERGENIC**  
CLINICALLY TESTED

## PASS THE MIRACLES OF PREMIUM MOISTURIZATION

- ✓ **Lightweight yet Intensely hydrates** to replenish lost moisture and increases the skin's ability to absorb nutrients!
- ✓ **Soothes irritated skin** with its anti-inflammatory properties!
- ✓ **Helps plump the skin, reducing the appearance of fine lines & wrinkles**<sup>2</sup> for a softer, smoother and younger-looking complexion
- ✓ **Infused with pure rose oil fragrance**

## Sunflower Beauty Oil LUXE

100% Natural | Vegan

₱ 349.75 45ml

## 1 Beauty Oil: 25 Miracles

**1** Helps lighten dark spots & pimple marks **2** Helps lighten the appearance of lesions and scars **3** Adds shine to dull hair **4** Helps hydrate dry patches on face **5** Makes skin glow & helps keep it youthful **6** Overall body moisturizer **7** Helps make eyebrows thicker **8** Helps lighten & soften underarms **9** Helps improve skin condition after sunburn **10** Helps smoothen skin to improve the appearance of scrapes and scratches **11** Helps improve appearance of underarm chicken skin **12** Smoothen dry, rough skin from shaving **13** Helps relax tired, puffy under eyes **14** Helps prevent & diminish the appearance of stretch marks **15** Helps lighten dark under-eye circles **16** Helps soothe skin after waxing **17** Helps calm dry, irritated and itchy skin **18** Under-eye moisturizer **19** Removes stubborn makeup **20** Helps ease dry & itchy scalp **21** Nourishes & conditions eyelashes **22** Helps soften cuticles & dry skin **23** Helps control moisture in the hair to tame flyaways & frizz **24** Helps diminish fine lines around the eyes **25** Softens feet soles, knees & elbows

<sup>1</sup>Source: [bit.ly/OleicAcidBenefits](http://bit.ly/OleicAcidBenefits) | <sup>2</sup>Source: [bit.ly/OleicAcidAndAging](http://bit.ly/OleicAcidAndAging) | Note: [bit.ly](http://bit.ly) links are case sensitive  
You may still receive our Sunflower Beauty Oil Classic and Bloom in their classic packaging while stocks last



# WAKE UP TO RADIANCE

## ALL SEASON LONG

### NIGHTTIME POWER DUO

1. Smooth on vibrance with the **Overnight Elixir**
2. Seal in the goodness with the **Radiant Grace Night Cream**
3. Sleep tight and prepare for a more intensive skin renewal.



“**HOLY GRAIL!**  
11/10! LIFE CHANGING  
PRODUCT! Amazing  
lightweight oil texture  
and **it's incredible how  
fast it absorbs into the  
skin!** I already noticed  
the effects after just  
**ONE USE.** Plump, soft  
and youthful like a  
baby's skin! ”

— Toriri (Website review)



8 OUT OF 10 NOTICED SOFTER,  
BETTER-MOISTURIZED SKIN  
**AFTER JUST  
ONE USE\***

### Overnight Elixir

99.8% Natural | Vegan

**Proven to give immediate results,**  
one bottle of **Overnight Elixir** is  
equivalent to **120 sheet masks.\*\***

**P995** 30ml

8 OUT OF 10 NOTICED  
FIRMER, SMOOTHER AND  
**RADIANT-  
LOOKING SKIN\***

### Radiant Grace Night Cream

100% Natural

**Rejuvenates** with the **reviving  
power of plant extracts** to effectively  
replenish dry, dehydrated skin.

**P995** 45ml

**9Activoil NUTRITIVES**  
for Superior Hydration  
and Youthful Glow



**NatuRenew  
ACTIVE COMPLEX**  
to Tighten Skin and  
Relax Fine Lines



“ This tube **goes a  
long way.** My last purchase  
was about 3 months ago  
so it's **sulit for the price!** ”

— Aia (website review)

SUITS  
ALL SKIN  
TYPES

EXTRA  
FIRMING



**P125 OFF**  
Overnight Elixir when  
bought with **Sunflower  
Eye Cream** (p.26)  
**P 1195 only**

**P125 OFF**  
Radiant Grace when  
bought with **Sunflower  
Eye Cream** (p.26)  
**P 1195 only**

\*Based on a self-assessment test | \*\*30ml of Overnight Elixir equals 120 sheet mask  
uses based on the recommended usage that is 4 drops or about 0.25ml per single-use.



# EYES ALL AGLOW

## BRIGHT-EYED AND BEAUTIFUL THIS HOLIDAY SEASON

**8 OUT OF 10** noticed reduced  
under-eye puffiness\*

“Reduced my dark circles  
and made my eyes livelier  
in as early as 1 week with  
enough rest and sleep! It's also  
more affordable than other  
brands. I love this product.”  
- Kristel (website review)



### Sunflower Eye Cream

100% Natural | Vegan

Brightening **Sunflower  
Beauty Oil** that nourishes  
delicate skin with  
Vitamins A, C, D and E  
+ soothing jasmine  
and hawthorne essences

**P 325** 15ml

\*Based on a self-assessment test

**P75  
OFF**

when you buy **3**  
**Sunflower Eye Creams**  
**P900 only**

**P125  
OFF**

**Overnight Elixir** (p.25)  
when bought with  
**Sunflower Eye Cream**  
**P1195 only**

**P125  
OFF**

**Radiant Grace** (p.25)  
when bought with  
**Sunflower Eye Cream**  
**P1195 only**



# SET YOURSELF FREE FROM SCARS

“Got accidentally headbutted  
by my 2 y/o daughter. My skin  
peeled off & left a scar on my face  
so I bought Human Nature's Rosehip  
Oil ASAP. True enough, **IN JUST  
1 WEEK, I saw the difference!**  
**The scar lightened, it's almost  
invisible!** Just WOW for this  
amazing product!”

— Eulyn Manongsong,  
1 week after using **Pure Rosehip Oil**



**WITNESS RESULTS NOW!  
RECOMMENDED FOR:**



age spots &  
acne scars



burn  
scars



bacne  
scars



stretch  
marks



surgical  
scars

### ROYAL BEAUTY REGIMEN TRUSTED FOR CENTURIES

World-famous  
**Rosehip Oil** has been  
used by the ancient  
Egyptians, Mayans and  
Native Americans  
(and now by the  
Princess of Wales)  
for its **regenerative  
properties.\***



**Pure  
Rosehip Oil**  
100% Natural | Vegan  
Pure Premium Grade

**P795** 15ml

Packed with potent  
& powerful nutrients

### SHED - RENEW - BRIGHTEN

- **Vitamin A & Beta Carotene**  
help shed dead skin cells
- **Omega 3, 6, 9** help rebuild  
and **renew** skin to battle  
blemishes
- **Vitamin C** helps **brighten**  
skin and make it **glow**

**P150  
OFF**

**P645  
only**

\*Source: [bit.ly/RoyalBeautyRegimen](http://bit.ly/RoyalBeautyRegimen)

[www.humanheartnature.com](http://www.humanheartnature.com) | 27



# Spritz the Season to be Jolly!

Bring good tidings with germ-free, moisturized hands

## 4 EXCITING SCENTS to choose from

Bright & uplifting  
**Citrus Burst**

Minty & refreshing  
**Cool Burst**

Sweet & zingy  
**Zesty Pomelo**

Fresh & floral  
**Pink Peony**

### Spray Sanitizer

99.99% Natural  
Triclosan-free  
No synthetic fragrance  
Proven to fight off germs and keeps hands protected while moisturizing the skin with Vitamins B1, B2, B6, C & amino acids.

P **69.75** 50ml  
P **199.75** 200ml  
P **799.75** 1000ml\*

**P50  
OFF**

Zesty Pomelo  
Sanitizer 1L  
**P749.75**  
only

**UPSIZING NOW!**  
**SAVE UP TO  
P249**  
**SAVE 71% PLASTIC**  
1 liter vs. five 200ml sanitizers

## Quick Clean Handy Holiday Companion

Whether you're going out with friends or staying in with family, stay protected while enjoying all the festivities with on-the-go germ-defense in yummy and delightful scents!

Note: You may still receive our Citrus Burst 200ml and Cool Burst 50ml in their classic packaging while stocks last; 200ml available in Citrus Burst, Cool Burst and Zesty Pomelo scents only; 1000ml available in Citrus Burst and Zesty Pomelo scents only

**ETHYL ALCOHOL**  
Proven to kill 99.99%  
of germs on contact

With natural  
moisturizer aloe extract  
to keep hands from drying

No propylene glycol or synthetic  
fragrance with phthalates  
classified as skin irritant and linked  
to endocrine & hormone disruption\*

\*Source: [bit.ly/PhthalatesAndHealth](http://bit.ly/PhthalatesAndHealth)



“I frequently use alcohol and it makes my hands dry. But not this one. **Doesn't make my hands dry** at all no matter how many times I sanitize. **Superb quality** for a decent price.”  
- Rey (website review)

## SAME BUT DIFFERENT KIND OF GOOD

ALSO AVAILABLE

**püre  
and  
süre**  
natural made  
even more  
affordable

Pure and Sure is Human Nature's range of honestly good everyday essentials at an even more affordable price!

vs. their regular Human Nature counterparts



**püre  
and  
süre**

✓ flip cap  
✓ subtle lemon scent  
✓ non-drying

Other  
human nature  
sanitizers

✓ spray bottle  
✓ 4 exciting scents  
✓ moisturizing

## Lemon Squeeze Hand Sanitizer

100% Natural

Contains **non-drying natural glycerin** and is **proven to kill 99.99% of germs**

P **54.75** 50ml  
P **189.75** 200ml



# Luscious Lavish Gifts

for Hardworking Hands & Feet



## THE ESSENTIAL GIFT FOR SAFE & SOFT HANDS

Packed with **12 nutrients & antioxidants**, Human Nature's **non-sticky** and **non-greasy** Hand & Foot Salves protect hands from dryness to help skin **recover from visible aging**.

## 5 HAND CREAMS THAT SMELL AS GOOD AS THEY FEEL

Invigorating Eucalyptus • Luscious Strawberry • Vanilla Peach • Zesty Pomelo • Apple Delight

**BACK-TO-BACK EVENTS?**  
Keep your feet fresh and cool in time for the next party!

## Deodorizing Foot Spray

100% Natural

Keep your feet fresh while keeping odor-causing bacteria at bay with **cooling peppermint** and **soothing aloe vera**.

**P 174.75** 100ml



## Hand & Foot Salve

99.89% Natural  
Mineral oil-free

**P 149.75** 30g

**P 199.75** 50g Eucalyptus scent only

Looking for the perfect gift? Treat your loved ones with the gift of softness! Simply fill our gift bag with any **3 Hand & Foot Salve 30g** to give them the moisturizing caress they deserve. (p.13)

**FREE**  
Christmas Bag



**SAVE P65**

**P399.25**  
only

# Spread Cheer, Not Germs

Germ-killing, Skin-Loving

“I’ve decided to avoid soaps that have triclosan as I’ve read about its harmful effects. I’m so glad I found this product. **Lasts a long time and won’t dry your hands even if you wash frequently.**” -Jenny (BeautyMNL review)

## Hand Soap

At least 99.75% Natural  
SLS/SLES-free | Triclosan-free

Scents: Energizing Citrus / Zesty Pomelo

**P 69.75** 50ml

**P 179.75** 200ml\*

**P 349.75** 490ml in Energizing Citrus only

**P 629.75** 1000ml

\*200ml Zesty Pomelo available while stocks last

**UPSIZING NOW!**  
**SAVE P84.03**  
**SAVE 54% PLASTIC**  
1 liter vs. 490ml Hand Soap

ALSO AVAILABLE

**püre and sùre**

natural made even more affordable

## Grapefruit Squeeze Hand Soap

99.75% Natural

**Lightweight, bubbly and won't dry your hands**

**P 149.75** 200ml

**Pure and Sure** is Human Nature's range of honestly good everyday essentials at an even more affordable price! vs. their regular Human Nature counterparts

## SAME BUT DIFFERENT KIND OF GOOD

**püre and sùre**

- ✓ no-fuss flip cap
- ✓ subtle grapefruit scent
- ✓ non-drying

Other human nature hand soaps

- ✓ pump bottle
- ✓ 2 exciting scents
- ✓ rich & foamy





# Merry Must-Haves for Soft, Supple Lips

- ✓No harmful chemicals ✓Cruelty-free
- ✓Infused with sunflower oil, jojoba oil and beeswax



**“ Truly a *miracle product!* I have super parched lips that no chapstick could ever solve. Thank God I found this! Best used with HN Lip Scrub.”**  
- Abbie, Sunflower Lip Miracle user (website review)



## EXFOLIATE

### A Natural Lip Scrub

99.85% Natural

Gently buffs dry, dull skin with muscovado sugar and hydrates and softens to reveal healthy lips

**P195** 12g

**GET 1 FREE**

when you buy  
4 Natural  
Lip Scrubs 12g  
P780 only

## HYDRATING LIP MASK

### B Sunflower Lip Miracle

100% Natural

Get intense hydration and let the miracles of sunflower oil revive rough lips.

**P199.75** 10g

#### 44x more Vitamin E\*

Each tube is packed with the nourishing and moisturizing goodness of Vitamin E that helps boost circulation for smoother, softer & plumper lips.

**20% OFF**

Lip Miracle when  
bought with Lip Scrub  
P159.80 only

\*vs. our regular Lip Balms Source: bit.ly/LipFacts

# Sweet Kisses and Stocking Stuffers

## EXTRA MOISTURE

### Lip Butter

100% Natural | Cruelty-free

Get buttery-soft lips from the decadent goodness of **9x more\*** moisturizing sunflower oil.

**P129.75** 4.8g

\*vs Human Nature Flavored Lip Balm

You may still receive our Lip Butter in its classic packaging while stocks last.

**Bestseller**



**GET 1 FREE**

when you buy any  
6 Lip Butters 4.8g  
P778.50 only

**Bestseller**



Flame Tree hint of red  
Island Kiss hint of coral  
Pink Orchid hint of pink  
Guava Jelly hint of plum  
Rosewood hint of burgundy

Actual color register may vary depending on the pigmentation of your lips.

## FOR A HINT OF COLOR

### Tinted Lip Balm

100% Natural | Cruelty-free

With cooling peppermint to refresh your lips and sheer colors to match your mood!

**P109.75** 4g

**GET 1 FREE**

when you buy any  
10 Tinted Lip Balms 4g  
P1,097.50 only

## FOR A LIGHT & SWEET LIP BASE

**Bestseller**



**“ The peppermint flavor *healed my chapped lips in less than 24hrs.* Super effective during windy days! ”**

- Wella (website review)

### Flavored Lip Balm

100% Natural | Cruelty-free

Keep your lips nourished and enjoy the mouth-watering natural flavors.

**P99.75** 4g



Give Love to your Skin  
Give back to the Planet



SAFE FOR YOU AND THE SEAS



Made without PEGs, silicone, DMDM hydantoin and other formaldehyde releasers that not only contribute to water pollution but may also cause skin irritations and health risks over time.

Sources: [bit.ly/ChemicalCalloutPEG](http://bit.ly/ChemicalCalloutPEG) | [bit.ly/SiliconeEnvironment](http://bit.ly/SiliconeEnvironment) | [bit.ly/EWGFormaldehyde](http://bit.ly/EWGFormaldehyde)

## Fresh, Glowing Skin Natural Sunflower Face Bar

96.26% Natural | Vegan

Get fresh, glowing skin with every wash

- ✓ **Sunflower Beauty Oil** rich in Vitamins A, C, D & E to help lighten and moisturize for **smoother, softer and brighter skin**
- ✓ **Moringa seed extract** to help boost skin collagen

₱ 179.75 35g



**SAVE P182.84**

vs. any 200ml Human Nature liquid face wash price/ml

## Clean, Shine-Free Skin Natural Balancing Face Bar

95.76% Natural | Vegan

- ✓ **Zinc lactate** helps balance skin oils
- ✓ **Loofah & bamboo scrubs** gently exfoliate and lift away impurities
- ✓ **Aloe vera** helps soothe skin
- ✓ **Glycerin** helps skin retain moisture without making it greasy
- ✓ Comes in a fresh, **fruity scent** you'll love

₱ 179.75 35g



**SAVE P204.81**

vs. any 200ml Human Nature liquid face wash price/ml

₱30 OFF

Sunflower Face Bar when you buy with Sunflower Beauty Oil 100ml (p.22) **P149.75 only**

pH-balanced

for normal to dry skin

“I love the facial bar! My face feels so, so smooth and soft after washing. You'll see radiance even just after the first use.” - Catherine (panel review)

for combination to oily skin

“The product is effective in clearing the skin and lessening breakouts.” - Sharon (panel review)

pH-balanced

<sup>1</sup>vs. 200ml Facial Wash | <sup>2</sup>Based on product use-up test  
<sup>3</sup>Based on a 3-day product use test

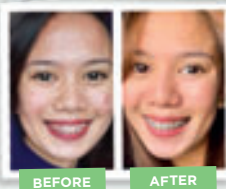


LIGHT UP THE ROOM WITH  
**Bright & Glowing skin**

NATURE NOURISHED FIT  
FOR YOUR SKIN TYPE

P20  
OFF

Balancing Facial Wash  
200ml when bought  
with Toner 200ml  
P199.75 only



“I've tried different products but they all did not work. In 2019, my sister-in-law asked me to try out **Human Nature's Balancing Facial Wash and Toner. It worked!** After 3-4 months, **my pimples disappeared!**”  
- Imogen Cuizon, Balancing Facial Wash and Face Toner user (Facebook review)



**FOR OILY SKIN**  
Cuts down excess oil and bacteria and free from alcohol that can increase greasiness<sup>1</sup>

**Balancing Facial Wash**

99.8% Natural | Vegan

P **84.75** 50ml  
P **219.75** 200ml

**Balancing Face Toner**

99.8% Natural | Vegan  
Hypoallergenic

P **109.75** 100ml  
P **199.75** 200ml

P20  
OFF

Nourishing Facial Wash  
200ml when bought  
with Toner 200ml  
P199.75 only



NO-STING  
FORMULA  
WITH SKIN-  
SOOTHING  
MANGOSTEEN

**9 OUT OF 10**  
are satisfied with its  
overall performance\*

“There is a noticeable improvement on my skin especially when I wake up in the morning. My skin became **radiant and younger-looking!**”  
- Mary Anne (panel review)



**FOR SENSITIVE SKIN**  
Helps protect and strengthen skin with natural antioxidants<sup>2</sup>

**Nourishing Facial Wash**

100% Natural | Vegan

P **84.75** 50ml  
P **219.75** 200ml

**Nourishing Face Toner**

99.81% Natural | Vegan

P **109.75** 100ml  
P **199.75** 200ml

P20  
OFF

Hydrating Facial Wash  
200ml when bought  
with Toner 200ml  
P199.75 only



NON-  
DRYING  
CREAMY  
FORMULA

“The only one that worked for my dry, sensitive face. I used to have large patches of dry skin around my mouth and cheeks but **this facial wash worked its magic on me.**”  
- Zeehan



**FOR DRY SKIN**  
Moisturizes dehydrated skin and helps boost skin collagen<sup>3</sup>

**Hydrating Creamy Wash**

98.95% Natural | Vegan

P **84.75** 50ml  
P **219.75** 200ml

**Hydrating Face Toner**

99.8% Natural | Vegan  
Hypoallergenic

P **114.75** 100ml  
P **209.75** 200ml

<sup>1</sup>humanheartnature.com/balancingwash | <sup>2</sup>humanheartnature.com/nourishingwash

<sup>3</sup>humanheartnature.com/hydratingwash | \*After 2 weeks use or with regular & continued use



# Clearer Skin in 7 Days\*

## IN TIME FOR MERRY MINGLING

### NATURAL, SAFE AND EFFECTIVE TEA TREE

- ✓ Tried, tested, and used medicinally **for centuries**
- ✓ The **most well-studied botanical** shown to be the **most effective for acne**
- ✓ **Antibacterial & anti-inflammatory** to help combat acne and calm redness and irritation

Learn more at [bit.ly/TeaTreeStudy](http://bit.ly/TeaTreeStudy)

\*Based on an independent clinical study comparing pimples observed among users of Human Nature Acne Defense Solution Gel and popular chemical acne treatment brands

\*\*Consumer self-assessment survey on men and women with mild to moderate pimples

#### AS SEEN IN

Here's How Tea Tree Oil Can Help You Treat Your Breakouts

**Preview**  
Dec 2020

### SEE THE RESULTS FOR YOURSELF!



Joce Cababan,  
Acne Defense Gel user  
(Facebook review)

### STEP 1

**100% reported that it removes excess oil\*\***

Cleanse your face with  
**Acne Defense Facial Wash**

99.99% Natural | Vegan  
Hypoallergenic

Packed with skin-soothing aloe vera, this non-abrasive facial wash **combats pimples without harsh chemicals that can irritate skin**

Use 2x a day for best results

**P 169.75** 100ml

### STEP 2

**8/10 of users reported dried out pimples and reduced pimple size\*\***

Gently pat or swipe on  
**Acne Defense Face Toner**

100% Natural | Vegan  
Hypoallergenic

Effectively **reduces the appearance of pimples** and helps **control skin oiliness**

Use at night for best results

**P 119.75** 100ml

### STEP 3

Dab individual pimples with  
**Acne Defense Solution Gel**

99.99% Natural | Vegan  
Hypoallergenic

Packed with pimple-fighting actives that help **control breakouts and dry out blemishes**

Use 2x a day for best results

**P 199.75** 20g

“**THE BEST.** Before I started using the Acne Defense Facial Wash, I was suffering from stress acne. The first time I used it, I felt a tingling sensation and started purging for a week. It wasn't that bad, it just felt like **all the sebum and dirt on my face was drawn out.** I highly recommend you use it together with the Acne Defense Toner and Solution Gel.”  
- Aly (website review)

**P50 OFF**

**P439.25**  
for all 3!



**ALCOHOL-FREE**  
to protect skin barrier + packed with natural AHA exfoliants to dissolve dead skin cells

**CLINICALLY PROVEN 2X MORE EFFECTIVE**  
vs. leading brands\*



# Get that Glass skin glow

WITH VITAMIN-RICH GREEN CAVIAR

“Feels so soft on the face! The bamboo beads felt like a gentle massage. Never irritating. It removed all the grime without drying my skin.”

- Kaycee Enerva,  
@themachomom

## STEP 1

Cleanse to Reveal Your Glow  
**Marine Caviar HydroMiracle Face Cleanser**  
98.93% Natural | Vegan

Helps even out skin tone with fine bamboo exfoliants and helps promote a plump, dewy complexion with antioxidants

P 275 100ml

gentle and refreshing scrub

## SKIN CARE SUPERSTAR



**Green Caviar or latô seaweed** is an all-natural hydration powerhouse packed with nutrient-rich actives that absorb and trap moisture to prevent skin dehydration and intensify skin renewal for a youthful, dewy look

P125 OFF

when you buy  
**Marine Caviar Cleanser + Essence**  
P450 only

P150 OFF

when you buy all 3  
P895 only

ESSENCES ARE A SKIN CARE STAPLE IN JAPAN AND KOREA

“I use this before applying the Day Moisturizer. It makes my skin hydrated and permeable to readily absorb the moisturizer. Happy with this product!”  
- Caren (website review)

## STEP 2

Add Vitamins to Your Skin  
**Marine Caviar HydroMiracle Essence**  
99.72% Natural | Vegan

Absorbs quickly for immediate & intense hydration that helps skin stay firm, bouncy & supple

P 275 50ml

## STEP 3

Seal in Deep Nourishment  
**Marine Caviar HydroMiracle Moisturizer**  
99.89% Natural | Vegan

Intensively moisturizes all day long and helps retain skin elasticity

P 495 50ml

rich and creamy yet fast-absorbing

95% EXPERIENCED BETTER-HYDRATED, MOISTURIZED SKIN\*

\*Based on a seven-day product test

www.humanheartnature.com | 41



“ Keeps acne at bay and my pores have reduced in size. More affordable than other bentonite clay brands, too.” - Ma. Tria Salve

# THE SECRET TO Clean, Glowing Complexion

GENTLE YET EFFECTIVE EXFOLIATION

## Remove dirt and control oil Pore Clarifying Cleanser

99.3% Natural | Vegan

Cleans out pores, sweat & dirt buildup from wearing face masks with **bamboo charcoal** & **bentonite clay**

P 245 100ml

## Purify and refine weekly Pore Clarifying Clay Mask

99.7% Natural | Vegan  
Hypoallergenic

Detoxifies pores & helps combat visible signs of premature skin aging with **passion fruit seed oil** & **Vitamin E**

P 275 50g

P30 OFF  
P245 only

## Purifying Facial Scrub

100% Natural | Vegan  
Hypoallergenic

**Strawberry seeds** and **fine bamboo granules** lift away deep-seated dirt and gently exfoliate for a glowing smoothness!

Use 2-3x weekly for best results

P 119.75 50g

## Detoxifying Mask+Scrub

100% Natural | Vegan  
Hypoallergenic

**Kaolin clay**, **multifruit extracts** and **gentle natural exfoliants** absorb excess oil, lift away impurities and polish skin<sup>2</sup>

P 249.75 100g

<sup>1</sup>bit.ly/PurifyingFacialScrub  
<sup>2</sup>bit.ly/DetoxifyingMaskScrub  
<sup>3</sup>bit.ly/HNNightMoisturizer

## Day Moisturizer

99.97% Natural | Vegan  
Hypoallergenic

### 15 SKIN-BOOSTING VITAMINS & MINERALS

Vitamins A, B1, B2, B5, B12, C, D, E • Selenium • Lecithin  
Zinc • Potassium • Iron  
Calcium • Magnesium

P 199.75 50ml

P 299.75 100ml

You may still receive our Day Moisturizer in its classic packaging while stocks last.

## Night Moisturizer

100% Natural | Vegan | Hypoallergenic

**JOJOBA OIL** locks in hydration

**LACTIC ACID** helps stimulate skin renewal<sup>3</sup>

P 199.75 50ml

P 299.75 100ml

# Healthy Hydration

ALL SEASON LONG

“ My skin improved A LOT!

I religiously use my Day & Night Moisturizer and as a result, my skin is glowing.”

- Myril (website review)

Natural exfoliant **strawberry seeds** buff away dull dead skin to maintain a healthy-looking complexion



alcohol-free,  
non-aerosol

# Slay the Holidays

WITH HEALTHY, HYDRATED SKIN

## Rose Dew Mist

100% Natural | Vegan

### ANTIOXIDANT-RICH ROSEWATER

helps reduce skin puffiness while giving a healthy, hydrated glow<sup>1</sup>

P 275 50ml

## Aloe Face Mist

99.98% Natural | Vegan  
Hypoallergenic

### MOISTURIZING ALOE VERA

helps strengthen skin and improve its elasticity<sup>2</sup>

P 250 50ml

<sup>1</sup>bit.ly/RoseDewMist  
<sup>2</sup>bit.ly/AloeFaceMist

GET 1  
FREE

when you buy 3  
Rose Dew Mists  
P825 only

“My 10-year-old daughter is using this. Ang ganda ng effect, **super soft and fresh sa skin**. So for **mommies who have daughters entering puberty**, I recommend this.”  
- Vea (website review)

## No Harmful Chemicals

No parabens, SLS/ SLES, synthetic fragrances or other toxic chemicals

## Tropical Fresh Natural Facial Wash

99.72% Natural | Vegan

Gently lifts away impurities, revealing a healthy-looking, natural glow

P 149.75 100ml

### YOUNG, FRESH AND NATURALLY CLEAN!

Our **pure and sure** Facial Wash is **pH-balanced, mild, gentle, and non-drying**—the perfect kind of love for your young skin!



# LIVE FREE FROM DANDRUFF AND ITCHY SCALP

96% of users experienced reduced dandruff in less than 5 weeks.\*



## FOR STUBBORN FLAKES AND ITCHY SCALP

Massage a coin-sized amount onto scalp for 2-3 minutes. Wash off with **Clarifying Shampoo** (p.61) and use twice a week for best results.

## FOR DRY AND TROUBLED SKIN

Gently massage onto skin 3x a day to soothe dry, itchy area without leaving a greasy residue.

## Pure Jojoba Oil

100% Natural | Vegan

P 395 30ml

\*Based on a self-assessment test conducted among users



# Spread Good Cheer to Every Home with Nature's Wellness Gifts

## CREATE YOUR OWN CHRISTMAS SPA KIT

Looking for the perfect present? Simply choose 2-3 oils or balms, put them in our Christmas bag, and treat your friends (or yourself!) with the gift of relaxation.



BEST  
SELLER

P500  
only

**Stress-Free Season**  
There is no better gift than peace and rest! Keep Christmas cozy and calm with our **Wellness Wonders Set!** (p.12)

Visit [bit.ly/WellnessOilRecipes](http://bit.ly/WellnessOilRecipes) for FREE essential oil recipes for every need.

- |                                                                                                                                                                    |                                                                                                                                                                           |                                                                                                                                                                                         |                                                                                                                                                                                                                          |
|--------------------------------------------------------------------------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| <p><b>A Peppermint Oil</b><br/>100% Natural   Vegan</p> <p><b>COOL DOWN</b><br/>With natural cooling properties to refresh your skin.</p> <p><b>P350</b> 30ml</p>  | <p><b>C Tea Tree Oil</b><br/>100% Natural   Vegan</p> <p><b>BACTERIA BUSTER</b><br/>Helps fight germs, body odor and acne.</p> <p><b>P295</b> 30ml</p>                    | <p><b>E Orange Oil</b><br/>100% Natural   Vegan</p> <p><b>COZY COMFORTER</b><br/>Liquid sunshine for an uplifting massage.</p> <p><b>P195</b> 10ml</p>                                  | <p><b>G Rosemary Oil</b><br/>100% Natural   Vegan</p> <p><b>STRENGTHENED STRANDS</b><br/>Helps strengthen and thicken hair.</p> <p><b>P295</b> 10ml</p>                                                                  |
| <p><b>B Eucalyptus Oil</b><br/>100% Natural   Vegan</p> <p><b>SKIN SOOTHER</b><br/>Helps bring relief to itchy skin and tired muscles.</p> <p><b>P295</b> 30ml</p> | <p><b>D Citronella Oil</b><br/>100% Natural   Vegan</p> <p><b>FRESH FEET</b><br/>With deodorizing properties best for a refreshing foot soak.</p> <p><b>P295</b> 30ml</p> | <p><b>F Lavender Oil</b><br/>100% Natural   Vegan</p> <p><b>SWEET SLUMBER</b><br/>Soothes skin and imparts a sweet, delicate fragrance perfect for bedtime.</p> <p><b>P275</b> 10ml</p> | <p><b>H Pure Lemon Oil</b><br/>100% Natural   Vegan</p> <p><b>MULTI-PURPOSE CLEANER</b><br/>Cleanses and purifies both the air and surfaces. Recommended for aromatherapy and home cleaning.</p> <p><b>P245</b> 10ml</p> |

*"The Rejuvenating Massage Oil is the best I've used. It's like heaven in a bottle."*  
-Tet

*"The smell is nice. I use it when I have a headache. It relieves me and makes sleeping more relaxed when used at bedtime."*  
-meg.a.heart on Comfort Balm



### I Calming Massage Oil 100% Natural | Vegan

Slow down with a massage and relax while enjoying the refreshing scents of **lavender, orange and lemongrass oils.**

**P229** 95ml | **P419** 195ml

### J Rejuvenating Massage Oil 100% Natural | Vegan

Unwind and refresh your body while rejuvenating your skin with vitamin-rich **eucalyptus and rosemary oils.**

**P229** 95ml | **P419** 195ml

**GET 1  
FREE**

when you buy  
**10 Rescue or  
Comfort Balms 10g  
P99.75 only**

### K Rescue Balm 100% Natural Helps reduce and smoothen out rough and dry spots with germ-fighting **tea tree and lavender.**

**P99.75** 10g | **P295** 45g

### L Comfort Balm 100% Natural | Hypoallergenic Moisturizes and soothes your skin with cooling **eucalyptus** and refreshing **bergamot.**

**P99.75** 10g | **P295** 45g



# Stocking Stuffers

Pocket-sized & Budget-friendly gifts

starting at **P54.75!**



**A** Feminine Wash Bar 35g p.73

**B** Sunflower Face Bar 35g p.35

**C** Skin Shield Oil 50ml p.91

**D** Kids Shampoo Bar 35g p.83

**E** Pure & Sure Hand Soap 200ml p.31

**F** Sunflower Beauty Oil 50ml p.22

**G** Sunflower Beauty Oil Bloom 50ml p.22

**H** Hand & Foot Salve 30g p.30

**I** Cooling Leg & Body Cream 100ml p.65

**J** Scented Cleansing Bar 120g p.63

**K** Moisturizing Shampoo Bar 35g p.55

**L** Strengthening Shampoo Bar 35g p.55

**M** Kids Bath Soap 120g p.82

**N** Spray Sanitizer 50ml p.28

**O** Pure & Sure Sanitizer 50ml p.29

**P** Hand Soap 50ml p.31

**Q** Lip Scrub 12g p.32

**R** Tinted Lip Balm 4g p.33

**S** Lip Butter 4.8g p.33

**T** Comfort/Rescue Balm 10g p.47

**U** Shampoo Bar for Men 35g p.85

**V** Cleansing Bar for Men 120g p.85

**W** Exfoliating Bar 120g p.63



# Stand Out and Sparkle with Skin-Nourishing Makeup

## Made to Bloom Lipstick

100% Natural | Cruelty-free

Most flattering shades that enhance your own lip color to bring instant life to your face.

~~P495~~ 4g

**P35 OFF**

**P460 only**



**Bestseller**



**Joy** Rosy Nude  
**Grace** Pink Nude  
**Wisdom** Light Tan  
**Warmth** Brick Red



**Strength** Chestnut Brown  
**Courage** Deep Rose  
**Passion** Crushed Berry

**Pretty paper packaging, less plastic**

Actual color register may vary depending on the pigmentation of your lips.

## Perfect Glow Mineral Blush

99.7% Natural

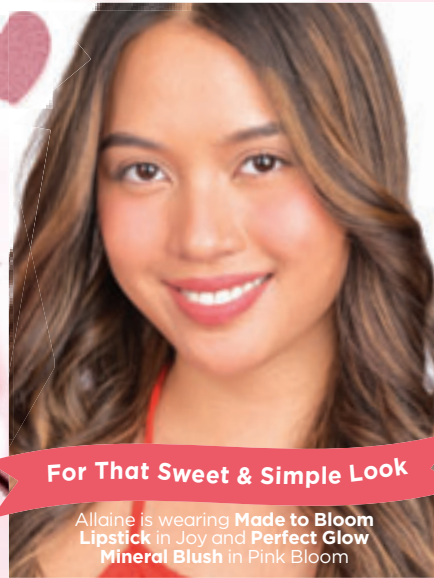
Made with pure mineral pigments & Vitamin E for that soft, rosy glow.

~~P375~~ 4.3g

**Bestseller**



**Pacific Shimmer**  
**Sun Kissed**  
**Pink Bloom**



**For That Sweet & Simple Look**

Allaine is wearing **Made to Bloom Lipstick** in Joy and **Perfect Glow Mineral Blush** in Pink Bloom

## Blush & Bloom Color Cream

Brighten up any neutral look with its natural dewy finish.

**P395** 7g

**Rosy**

**Bestseller**



## 3 Ways to Wear Our Well-Loved Blush & Bloom Color Cream

- Bring a flush to your cheeks
- Add some color to your lips
- Draw attention to your eyes



**For That Party-Ready Look**

Madz is wearing **Perfect Eyes Mineral Eyeshadow** in Sunset Bloom, **Mineral ColorCreme Lipstick** in Lucky in Love and **Mineral Matte Bronzer**



**Bestseller**

**Lucky in Love**

## Mineral ColorCreme Lipstick

100% Natural  
Synthetic dye-free | Lead-free  
Full coverage

Head-turning hues with a satin finish that's perfect for a romantic date night look.

**P395** 4.3g

Actual color register may vary depending on the pigmentation of your lips.



**Passion Candy**  
**Coral Kiss**



## Perfect Eyes Mineral Eyeshadow

100% Natural

Day to night versatile shades that's truly safe for you.

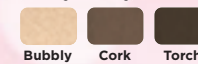
**P395** 3.9g

**Sunset Bloom**



**Sand** **Coral** **Dusk**

**Earthy Beauty**



**Bubbly** **Cork** **Torch**



## Mineral Matte Bronzer

99.7% Natural

Define and contour to accentuate your features.

~~P445~~ 9g

**P100 OFF**

**P345 only**

## EASY POST-PARTY MAKEUP REMOVAL

**NEW LOOK**



## Gentle Cleansing Oil

100% Natural  
Hypoallergenic

Free from pore-clogging mineral oil & skin-drying alcohol. Formulated with sunflower oil that conditions and nourishes skin and eyelashes.

**P275** 95ml

Note: You may still receive our Gentle Cleansing Oil in its classic packaging while supplies last



## Bare Necessity Cleansing Balm

100% Natural | Hypoallergenic

Keeps skin soft & dewy while hydrating with pure virgin coconut oil.

~~P375~~ 40g

**P30 OFF**

**P345 only**



## BUILDABLE COVERAGE

Lightweight matte finish

“My skin type is sensitive. My face & eyelids become itchy with other foundations. But with this, **I never experienced itchiness**. They really use **no harmful chemicals**.”

- Aileen (website review)

### Perfect Coverage Mineral Foundation

100% Natural | Talc-Free | Vegan | Cruelty-free  
Medium to Full Coverage

Get shine-free and picture-ready skin that's made to matte with every pat.

~~P795~~ 9g

**P45 OFF**

**P750 only**

**Refills Available**  
for original plastic compact only

**P395** 7.5g Sponge included

### Perfect Finish Mineral Loose Powder

100% Natural | Talc-Free  
Vegan | Cruelty-free  
Sheer Coverage

Lightweight for a flawless finish and a picture-perfect no-makeup look.

~~P595~~ 11g  
Puff included

**P75 OFF**

**P520 only**

**Bestseller**

<b>Meringue</b> fair, light, yellow undertone	<b>Soft Ivory</b> light, neutral undertone	<b>Latte</b> medium, yellow undertone	<b>Hazelnut</b> fair, neutral undertone	<b>Warm Mocha</b> medium, neutral undertone



**Bestseller**

<b>Milk</b> light, yellow undertone	<b>Vanilla</b> light, pink undertone	<b>Honey</b> fair, yellow undertone	<b>Almond</b> fair, pink undertone	<b>Caramel</b> medium, pink undertone	<b>Toffee</b> medium, yellow undertone (Refill Only)

### Mineral Pressed Powder

100% Natural | Talc-Free  
Vegan | Cruelty-free  
Sheer to Medium Coverage

Weightless blotting powder with up to 8 hours oil control\*

**P395** 9g

**Refill**  
Puff included

**P295** 9g

**Bestseller**

<b>Orient Pearl</b> light, yellow undertone	<b>Island Shell</b> fair, pink undertone	<b>Sand Dollar</b> medium, yellow undertone	<b>Boracay Bronze</b> medium, pink undertone

\*Based on a panel test conducted among Human Nature Mineral Pressed Powder users.



# Dazzle Day-to-Night with Glow, Natural Makeup

Made with nutrient-rich ingredients that nourish your skin all the way



**SWITCH TO MINERAL MAKEUP**

Safe for sensitive skin, mineral makeup contains ingredients that take care of your complexion, doing your skin good while making you look good.

**BUILDABLE SHADES TO ENHANCE YOUR TONE & TEXTURE**

**Bestseller**

<b>Love</b> Light, neutral undertone	<b>Hope</b> Fair, pink undertone	<b>Bliss</b> Fair, yellow undertone	<b>Faith</b> Medium, pink undertone

## LIGHTWEIGHT RADIANT FINISH

Medium to full coverage yet feels oh-so-natural

“I love the finish of the powder. It looks **like you're not wearing powder at all**. It really gives me that **glowing and even skin tone**.”

- Hazel (website review)



### Radiant Skin Mineral Foundation

100% Natural | Vegan  
Talc-Free | Cruelty-free

With mineral-rich blend of kaolin clay, natural bamboo silk, and jojoba oil to reveal your skin's healthy-looking complexion.

**P795** 9g

\*Based on a self-assessment study

www.humanheartnature.com | 53



# give the gift of gorgeous hair without the plastic guilt



**NO HARMFUL CHEMICALS**  
X SLS/SLES X Silicones X Parabens X Phthalates X Plastic Bottles

Our shampoo bars are  
**pH-balanced**  
so they won't dry  
your hair like other  
shampoo bars do.

*Enjoy Your Shampoo Bar Longer*



Wet the bar  
to create  
lather



Apply the  
suds on  
your hair



Dry on an open  
soap dish or pouch  
to make sure it  
doesn't melt



**88%**  
experienced  
reduced hair fall<sup>4</sup>

**BEST  
CLEAN  
BEAUTY  
PRODUCT**

## Solid Savings!

= **MOISTURIZING SHAMPOO BAR**  
35g = 250ml liquid shampoo<sup>1</sup>  
70g = 500ml liquid shampoo<sup>1</sup>  
**SAVE UP TO P199.94<sup>2</sup>**

= **STRENGTHENING SHAMPOO BAR**  
35g = 300ml liquid shampoo<sup>1</sup>  
70g = 600ml liquid shampoo<sup>1</sup>  
**SAVE UP TO P214.88<sup>2</sup>**

### AMAZINGLY MOISTURIZING

**9 out of 10** reported **smooth and soft hair** after use<sup>3</sup>

#### Natural Moisturizing Shampoo Bar

95% Natural | Vegan  
Scent: Zesty Vanilla Delight / Island Bloom  
Infused with a rich blend of **cocoa butter, avocado oil and mild coconut surfactants** to keep your hair healthy and smooth.

**P149.75** 35g  
**P274.75** 70g

<sup>1</sup> Based on product use-up test  
<sup>2</sup> vs. 400ml Moisturizing +Plus & Strengthening +Plus price/ml

### STRENGTH IN EACH STRAND

**97%** had stronger strands<sup>4</sup>

#### Natural Strengthening Shampoo Bar

At least 95.40% Natural | Vegan  
Scent: Bamboo & Petals / Peppermint  
Enriched with **sugarbeet-derived betaine** which strengthens hair strands.

**P159.75** 35g  
**P279.75** 70g

<sup>3</sup> Based on a self-assessment test of Zesty Vanilla Delight  
<sup>4</sup> Based on a four-week product test



# stand out with stunning strands



**+PLUS MOISTURE POINTS**  
more hydration, less frizz

**2x** more moisturizing actives  
vs. Moisturizing Shampoo

**3x** more potent honey-derived anti-frizz agent  
vs. Moisturizing Conditioner

**Moisturizing +PLUS Shampoo**  
99.43% Natural | Vegan  
Scent: Green Tea & Lemon

**P 189.75** 180ml  
**P 379.75** 400ml  
**P 849.75** 1000ml

**UPSIZING NOW!**  
**SAVE P99.63**  
**SAVE 60% PLASTIC**  
1000ml vs. 400ml Shampoo

**Moisturizing +PLUS Conditioner**  
98.62% Natural  
Scent: Green Tea & Lemon

**P 219.75** 200ml  
**P 389.75** 400ml

**UPSIZING NOW!**  
**SAVE P49.75**  
**SAVE 7% PLASTIC**  
400ml vs. 200ml Conditioner



*“I love it! My hair was super frizzy before but now it's so silky! This is the best shampoo ever”*  
- Nikki (website review)

**9 out of 10**  
shampoo users experienced **softer hair\***

# let down those luscious locks



**+PLUS STRENGTH POINTS**  
more boost, less hair fall

**Thicker & healthier-looking hair**  
from rosemary essential oil

**No harmful chemicals**  
that may hinder hair growth, make hair brittle, or clog pores



*“My hair's improvement was so obvious. When I run my fingers through my hair, I feel it's really thicker compared to before.”*

**- Joyce Lerit**  
(YouTube review)



**P20 OFF**

**400ml Strengthening +Plus Shampoo + Conditioner**  
**P639.50 only**

**P40 OFF**

**1L Strengthening +Plus Shampoo + Conditioner**  
**P1,449.50 only**

**Strengthening +PLUS Shampoo**  
98.86% Natural | Vegan  
Scent: Rosemary

**P 169.75** 180ml  
**P 329.75** 400ml  
**P 759.75** 1000ml

**UPSIZING NOW!**  
**SAVE P64.63**  
**SAVE 60% PLASTIC**  
1000ml vs. 400ml Shampoo

**Strengthening +PLUS Conditioner**  
99.07% Natural  
Scent: Rosemary

**P 199.75** 200ml  
**P 329.75** 400ml  
**P 729.75** 1000ml

**UPSIZING NOW!**  
**SAVE P94.63**  
**SAVE 60% PLASTIC**  
1000ml vs. 400ml Conditioner



# extra TLC for stunning strands

# nature-nourished beautiful hair



## GOOD FOR YOUR HAIR, GOOD FOR OTHERS

Enables small coconut oil farmers in Quezon province to earn **more income** due to fair trade purchase price!

## WEEKLY POTENT MOISTURE MASK

“This is seriously amazing! Coco Mask has managed to **change the texture and appearance of my hair with one use!** Gorgeous silky hair! LOVE THIS!”  
- Lorraine (website review)

## Hair Revival Coco Mask

99% Natural  
P329.75 150g



## QUICK AND DEEP CONDITIONING

Leave on for 3 minutes daily to revive dry, damaged hair



## DIY HAIR SPA

Use weekly to intensively repair damage and restore your hair's full glory

## DAILY INTENSIVE MOISTURE TREATMENT

“This is the only hair treatment I use that my scalp is not allergic to. And the best part is I can use it **everyday!** My hair has never been this soft.” - Emilie (website review)

## Daily Hair Treatment

98.75% Natural  
Nourish severely dry, damaged hair in just 3 minutes with a **blend of avocado, sunflower and soybean oils, aloe vera and a honey-derived conditioning agent.**  
P349.75 150g



## FOR BRITTLE, THINNING HAIR

### Strengthening Shampoo

99.24% Natural | Vegan  
Scents: Aloe / Peppermint  
P 159.75 180ml  
P 299.75 400ml  
P 689.75 1000ml

### Strengthening Conditioner

99.07% Natural  
Scents: Aloe / Peppermint  
P 189.75 200ml  
P 319.75 400ml

\*Based on a 30-day trial with continued use



**UPSIZING NOW!**  
**SAVE P59.63**  
**SAVE 60% PLASTIC**  
1L vs. 400ml Shampoo



**UPSIZING NOW!**  
**SAVE P59.75**  
**SAVE 7% PLASTIC**  
400ml vs. 200ml Conditioner

## FOR DRY, ROUGH HAIR

### Moisturizing Shampoo

99.24% Natural | Vegan  
Scents: Mandarin / Vanilla  
P 149.75 180ml  
P 299.75 400ml  
P 689.75 1000ml

### Moisturizing Conditioner

99.05% Natural  
Scents: Mandarin / Vanilla  
P 189.75 200ml  
P 319.75 400ml



**UPSIZING NOW!**  
**SAVE P59.63**  
**SAVE 60% PLASTIC**  
1L vs. 400ml Shampoo



**UPSIZING NOW!**  
**SAVE P59.75**  
**SAVE 7% PLASTIC**  
400ml vs. 200ml Conditioner





# party-ready stylish strands

## GO-TO PROTECTION FROM HOLIDAY HUSTLE & BUSTLE



Heat from  
styling  
products



Sun/UV  
exposure



Pollution  
and dirt

### TAMES FRIZZ

9 out  
of 10

users experienced  
**smoother,  
nourished  
hair after use\***

### Smoothing & Nourishing Hair Serum

100% Natural | Vegan

With a potent blend of **avocado, soybean, sunflower and broccoli seed oils**. Leaves strands **smoother, shinier and healthier-looking**.

**P229.75** 50ml

### FRESHENS STRANDS

9 out  
of 10

users reported  
**fresher-smelling  
hair after use\***

### Hair Mist

99.66% Natural | Vegan  
Scent: Tropical Bloom

Protect hair from odor from traffic fumes, cigarette smoke and even sun and sweat. **Hydrolyzed jojoba** gives a **hydration boost** without weighing down your hair.

**P249.75** 100ml

“Superb product! It makes my hair **softer and healthier** but **not greasy**. 1 bottle goes a long way!”

- Sela for Hair Serum (website review)



# color & style away worry-free



96%  
of users  
experienced  
reduced dandruff  
in less than  
5 weeks.\*



## FOR DULL, LIFELESS HAIR

### Clarifying Shampoo

99.99% Natural | Vegan  
Scent: Apple

Rotate with your favorite shampoo up to 2-3x weekly for **healthy hair free of sweat, dirt and hair product buildup**.

**P169.75** 180ml  
**P329.75** 400ml



**UPSIZING NOW!**  
**SAVE P47.47**  
**SAVE 32% PLASTIC**  
400ml vs. 180ml

## POTENT SCALP SOOTHER

### Pure Jojoba Oil

100% Natural | Vegan | Hypoallergenic

A tried and tested **natural dandruff solution**, it **hydrates and soothes** dry, irritated scalp without the greasy feel.

**P395** 30ml

\*Based on a consumer panel test conducted among users

## FOR CHEMICALLY-TREATED HAIR

### Salon Care Shampoo

98.82% Natural | Vegan  
Scent: Green Tea & Lemon

Keeps salon-treated hair gorgeous with plant-based ingredients to **restore shine, preserve hair color, & revive damaged hair**.

**P249.75** 180ml  
**P479.75** 400ml



**UPSIZING NOW!**  
**SAVE P75.25**  
**SAVE 32% PLASTIC**  
400ml vs. 180ml Shampoo

### Salon Care Conditioner

99.25% Natural | Vegan  
Scent: Green Tea & Lemon

Help keep color vibrant with **jojoba-derived emollients** that preserve hair color, **avocado oil** that moisturizes hair, and **sunflower beauty oil** that nourishes hair.

**P274.75** 200ml  
**P499.75** 400ml



**UPSIZING NOW!**  
**SAVE P49.75**  
**SAVE 7% PLASTIC**  
400ml vs. 200ml Conditioner



**400ml Salon Care Shampoo + Conditioner**  
**P959.50 only**



# A Christmas Chorus of Scents

paraben-free

phthalate-free

sls/sles-free

best paired with  
**Vanilla Peach Body Butter** for a sweet, luxurious body treat!

“My family loves the Sweet Orange variant. I dare say it's better than other popular brands at making the skin smooth.”

- Dan

A portion of Gentle Berry Body Wash earnings goes to the **Kasoso Foundation**—an organization that helps provide treatments for indigent women battling with breast cancer.

## Body Wash

99.80% Natural | Vegan  
SLS/SLES-free  
Scents: Gentle Berry / Sweet Orange  
With **natural glycerin, aloe vera and coco-derived cleansing agents** to effectively but gently remove dirt & grime.

P **179.75** 200ml  
P **389.75** 490ml

**UPSIZING NOW!**  
SAVE UP TO  
**P50.64**  
SAVE 29% PLASTIC  
vs. 200ml Body Wash

## Coffee & Vanilla Body Scrub

99.99% Natural | Vegan  
**No plastic microbeads**  
Scrub away impurities 1-2x weekly and reveal smoother skin with natural exfoliants, **bamboo powder** and **coffee granules**.

P **319.75** 190g

**Give the gift of yummy scents and ultra moisture to skin!**  
Our cleansers gently remove impurities without stripping your skin of its natural oils unlike synthetic soaps.

### cold-processed

not just cold-pressed to preserve the potent goodness of natural ingredients

### pro-philippines

made with  
**100% Philippine coconut oil**

**PRO TIP:**  
Keep out of the flow of water to prolong usage.

Enriched with  
**Antibacterial Tea Tree Oil**



## Exfoliating Bar

100% Natural | Vegan  
Scents: Vanilla / Strawberry

**Use 1-2x weekly** to polish skin with **natural loofah exfoliants**.

P **99.75** 120g

## Fragrance-free Cleansing Bar

100% Natural | Vegan  
Dermatologist-tested  
Hypoallergenic

P **74.75** 120g

## Scented Cleansing Bar

100% Natural | Vegan  
Scents: Lemon Zest / Lavender Mint

Effectively removes impurities using **natural coconut cleansers** with refreshing scents derived from nature.

P **89.75** 120g

## Tea Tree Cleansing Bar

100% Natural | Vegan  
With **natural antibacterial tea tree essential oil** that **helps fight body acne and odor-causing bacteria**.

P **94.75** 120g





# The Season's Perfect Cool-Down Caress

“I like the smell and the cool and refreshing feel after shower. I like to pair this with HN Cool Peppermint Shampoo and Conditioner and HN Cooling Leg & Body Cream.”

- Vivien (website review)

## Cooling Body Cleanser

WITH ROSEMARY AND MINT  
99.8% Natural | Vegan

Stimulate skin with a **spa-like cooling cleanse!** Every drop is rich in the **relaxing touch and uplifting aroma** of rosemary, lemon and mint.

P **199.75** 200ml

P **389.75** 400ml

**↑ UPSIZE NOW!**  
**SAVE P9.75**  
**SAVE 27.55% PLASTIC**  
vs. two 200ml Cooling Body Cleanser

## Natural Cooling Lotion

100% Natural  
Scent: Cool Blossoms

Rejuvenate your skin and senses with the **mild cooling sensation of menthol.**

→ ~~279.75~~ 200ml

**P10 OFF**

**P269.75**  
only

**9 OUT OF 10\***

users felt:

- ✓ the lotion was light on skin & non sticky
- ✓ smooth & supple skin



\*Based on a 2-day product use test

# 'Tis the Season to Relax

As seen in  
**MEGA**  
5 Products That Will  
Make You Feel Better  
Immediately  
May 2021



Perfect for  
Post-Workout



Great for your legs,  
shoulders or back



Before Bedtime



## Cooling Leg & Body Cream

99.99% Natural | Vegan

Invigorate tired legs, back and shoulders with the **refreshing tingle** of bergamot, eucalyptus and peppermint while keeping your skin moisturized with the **loving caress** of aloe vera.

P **395** 100ml

**P100 OFF**  
when you buy 3  
Cooling Leg & Body  
Cream 100ml  
**P1,085**

“My **everyday lifesaver!** Applying it before bedtime makes me sleep faster because it **soothes my senses.** I recommended and gifted it to my friends and family and **they love it too!**”

- Jo Ann, Cooling Leg & Body Cream user



## Volcanic Cooling Body Scrub

99.99% Natural  
Vegan | Hypoallergenic

Lift away the weight of the day along with lackluster skin as you luxuriate in the **skin-detoxifying, mineral-rich blend and soothing aroma** of eucalyptus, peppermint and rosemary oils.

P **525** 200g

www.humanheartnature.com | 65



# It's the season for Gorgeously Glowing Skin

WITH SUNFLOWER BEAUTY OIL MIRACLES



RESTORES MOISTURE

## Sunflower Beauty Lotion

99.95% Natural  
Scents: Green Tea Delight / Sweet Bouquet  
Moisturize all over daily with our **cocoa butter, Vitamin A,D & E-enriched** lotions that nourish and help **keep skin healthy-looking**.

P 279.75 200ml

## GIVE YOUR SKIN THE GLOW IT DESERVES

Our Sunflower body care line is infused with our bestselling Sunflower Beauty Oil that intensively moisturizes your skin (p.22). Made of Sunflower seed oil that is rich in antioxidants and Linoleic Acid, it **protects the skin from free radicals that can cause wrinkles and skin aging**.\*

\*bit.ly/SunflowerOilBenefits



## EXFOLIATES & SMOOTHENS

### Sunflower Beauty Body Scrub

99.99% Natural | Vegan  
**No plastic microbeads**

- ✓ Preps skin for moisturizers to penetrate deeply
- ✓ Reveals healthy, glowing skin

P 399.75 190g

“I really love the **Sunflower line** of Human Nature. I had stretch marks due to pregnancy but **my marks slowly diminished**. The **Beauty Butter** really **moisturizes my skin more** compared with other body lotions.”

- RDR (website review)

## DEEPLY NOURISHES

### Sunflower Beauty Butter

99.93% Natural  
Scent: Summer Meadow

- ✓ Improves dull, parched areas of skin with a rich blend of emollients
- ✓ Intensely hydrates skin with cocoa butter, avocado & sunflower oils
- ✓ Protects skin from free radicals with Vitamins A, D & E

P 399.75 190g



\*Based on a self-assessment test among Body Scrub users

\*\*Based on a self-assessment test conducted among users of synthetic Body Butter



# Greet the Season with Healthy Hydration



## SHAVING MUST-HAVE

### Shaving Cream

99.99% Natural | Vegan

#### HEALTHY & MOISTURIZED

Shave unwanted hair as needed while preventing nicks and cuts with smooth-gliding, **natural glycerin-rich aloe vera**.

P **179.75** 100ml

“I love HN Body Butters! **Softens and moisturizes my rough and dry hands and feet. No more flaky, dry skin on my arms! Long-lasting moisture, non-greasy feel, and pleasant scents.**”

-Aia (website review)

## DEEP SKIN HYDRATION

### Body Butter

at least 99.88% Natural | Vegan  
Scents: Vanilla Peach / Berry Bliss

Enriched with **cocoa butter, aloe vera, sunflower oil, avocado oil and soybean oil** for a youthful glow.

P **349.75** 200g



## ALL OVER GOODNESS FOR YOUR BODY

Mineral oil in synthetic lotions may cause premature skin aging\*.  
Give only what's good and none of the red flags.

\*Source: [bit.ly/MineralOilRisks](http://bit.ly/MineralOilRisks)



“I've tried Berry Bliss. It's really one of the best Lotions I've ever tried. I love the scent very much and my skin feels **super moisturized, dewy and soft.**”

- Gherr (website review)

BEST  
SELLER

NEW  
LOOK

## DAILY LIGHTWEIGHT INDULGENCE

### Healthy Lotion

100% Natural | Vegan  
Scents: Powder Love / Berry Bliss / Blossom Beauty  
Helps reveal healthy-looking & smooth skin with **12 nutrients & antioxidants**.

P **79.75** 50ml

P **229.75** 200ml

P20  
OFF

### Healthy Lotion Powder Love

P209.75 only

suitable  
for normal &  
sensitive  
skin

You may still receive Berry Bliss & Blossom Beauty Healthy Lotions in their classic packaging while stocks last.

## PURE & COLD-PRESSED GOODNESS

### Pure Virgin Coconut Oil

100% Natural | Vegan

Packed with nourishing fatty acids that help **soothe distressed skin** and **revive damaged hair**

- ✓ Light and fast-absorbing
- ✓ Helps calm very dry, sensitive skin, red patches & flaking
- ✓ Tames frizz, adds shine & smoothens rough, abused hair

P **329.75** 200ml



USDA  
ORGANIC

## HOPE FOR FARMERS & THE PLANET

Every purchase helps our farmers in Quezon Province. They employ **USDA-Certified Organic Farm practices** that are environmentally and animal-friendly to ensure the protection of the ecosystem.





FEEL FESTIVE & CAREFREE WITH

# Toxin-free Intimate Care



Paraben-free



PEG-free



SLS/SLES-free

Most feminine washes contain harsh ingredients.\* Feel **clean, fresh and confident** without the risk from harmful chemicals. We only use **coconut-based cleansers and plant-based oils and extracts** to give your intimate area **effective yet pure care**.

*\*bit.ly/ModernToxicology*

## THE PETAL TEST PROVES US THE GENTLEST

We applied a different feminine wash to each flower petal. Try the test yourself and see if your fem wash can ace the test.

untouched petals



after 3 hours



“

This is the only feminine wash that **doesn't make my intimate area feel dry**. Other feminine washes always made me feel dry and itchy... with all the harsh chemicals they have. But this one's different—**gentle and caring**.”

- Charlotte Mae Efren (website review)



Feminine Freshness for Everyday

### Cool & Gentle Feminine Wash

At least 99.52% Natural  
Vegan | Hypoallergenic  
Scents: Powder / Chamomile

P **64.75** 50ml

P **149.75** 165ml

P **329.75** 400ml in  
Chamomile only



**UPSIZING NOW!**  
**SAVE P33.28**  
**SAVE 24% PLASTIC**  
400ml vs. 165ml Cool & Gentle

### Fresh & Light Feminine Wash

99.57% Natural | Vegan  
Scent: Chamomile

P **59.75** 50ml

P **144.75** 165ml

P **299.75** 400ml



**UPSIZING NOW!**  
**SAVE P51.16**  
**SAVE 24% PLASTIC**  
400ml vs. 165ml Fresh & Light



natural  
cooling  
actives



# Special Care & Protection

for the Most Wonderful Time of the Year



**9 out of 10**  
users reported  
long-lasting  
freshness\*

## Assurance for Active Days

### Odor Protect Feminine Wash

99.6% Natural  
Hypoallergenic | Vegan  
Powered with **mangosteen extract** for long-lasting odor protection and skin-soothing **aloe vera**.

P **179.75** 165ml

## Confidence for Delicate Days

### Protection for Red Days Feminine Wash

99.38% Natural | Vegan  
Contains natural **tea tree oil** and **aloe vera** to prevent irritation and relieve discomfort during your period.

P **149.75** 100ml

“I was shocked by the cooling feeling and effectiveness—**no more bad odor and itching for the whole day!**”  
-JC (website review)

“I felt so fresh despite my period, **no irritation from pads!**”  
-Jess (website review)



**genuinely natural**  
intimate cleansing without the compromise

**10 out of 10**  
users found the Fem Bar **gentle** on their intimate area\*

\*Based on a self-assessment test

**9 out of 10**  
claim the Fem Bar **protected** their intimate area from **unwanted odor**\*

## Solid Feminine Freshness

### Feminine Wash Bar

95.11 % Natural  
Scent: Floral Fresh

Infused with **mangosteen extract**, **chamomile** and **virgin coconut oil** to fight bacteria, control odor and prevent itchiness without drying.

P **149.75** 35g



**SAVE P190.41**

vs. 2.35 165ml bottles of liquid Fem Wash



## NATURALLY FRESH FOR THE YOUNG ONES

“Good for everyday use and **very affordable!** It has a very delicate floral scent. Definitely a **must-try** if you're switching to natural products.”

-Mimi (website review)



SYNTHETIC  
FRAGRANCE-  
FREE



ARTIFICIAL  
COLORANT-  
FREE



PARABEN-  
FREE

### Fresh Bloom

Natural Feminine Wash  
99.75% Natural  
SLS/SLES-free

With **moisturizing & soothing aloe**

P **134.75** 165ml

### Cool Fresh Tea

Natural Feminine Wash  
99.75% Natural  
SLS/SLES-free

With **moisturizing & soothing aloe** and **natural cooling actives**

P **139.75** 165ml



You may still receive Odor Protect in its classic packaging while stocks last.  
\*Based on a self-assessment product test among women

You may still receive Cool Fresh Tea in its classic packaging while stocks last.

www.humanheartnature.com | 73



# Get Ready to Party with Beautiful Underarms

## SWITCH TO NATURAL PROTECTION WITHOUT THE TOXINS



“A 5-STAR PRODUCT FOR ME! It made my underarms smoother and lighter. I also love the baby-like smell throughout the day. I stay smelling good even after sweating a lot.”  
— Eileen (website review)



## DID YOU KNOW?

Sweating is your body's natural way of releasing toxins. Our deos are formulated to keep you smelling fresh while letting you perspire freely unlike most antiperspirants that contain aluminum salts to prevent sweating.

### Deodorant Roll-on

100% Natural | Vegan  
Hypoallergenic  
Scents: Powder Fresh / Petal Fresh

Infused with **plant-based deodorizing actives** and **lightening sunflower oil**.

₱129.75 50ml



## INFUSED WITH Sunflower Power

**Sunflower Beauty Oil** (p.22) in our deos helps soften and smoothen chicken skin and aids in lightening dark underarms due to alcohol from synthetic deos. To hasten lightening of dark underarms, apply Sunflower Beauty Oil after showering at night.

Check out more SBO benefits here: [bit.ly/SBOMiracleHacks](http://bit.ly/SBOMiracleHacks)

Learn more about underarm care here: [bit.ly/UnderarmCare](http://bit.ly/UnderarmCare)

“The best best natural deo I've ever tried. It made my underarms smoother, color is more even and lighter for real!”  
— Kitkat (website review)

Dries faster with Dry Glide Technology



### Beauty +PLUS Deodorant Roll-on

99.7% Natural | Vegan  
Scents: Powder Light / Fresh Blossom

With **plant-based odor-fighting actives**. Improves the appearance of your underarms with **Sunflower Beauty Oil**.

₱159.75 50ml

### Beauty +PLUS Deodorant Stick

100% Natural  
Scent: Powder Fresh

**Dry-glide stick** helps control body odor with **natural antibacterial ingredients**. Enriched with **3x more Sunflower Beauty Oil** vs. Beauty +PLUS Roll-ons.

₱219.75 34g

[www.humanheartnature.com](http://www.humanheartnature.com) | 75



# Goodness You Can Smile About

without the hurt from harmful chemicals

## Natural Mouthwash

99.9% Natural | Alcohol-free  
Vegan  
Flavor: Refreshing Mint

With **zinc citrate** that's known to **prevent plaque, tartar and gingivitis\*** and **give long-lasting fresh breath**

P **169.75** 170ml  
P **349.75** 400ml

**↑ UPSIZE NOW!  
SAVE P49.66**



- No burning sensation
- Doesn't aggravate canker sores
- Helps prevent bacterial imbalance that may lead to bad breath

## Kids Natural Toothpaste

99.16% Natural | Vegan  
Flavor: Raspberry Mint

### YES TO CHRISTMAS TREATS, NO TO CAVITIES

Protect your kids' teeth from cavities by making sure they brush after enjoying holiday sweets!

**Fights tooth decay**  
with its kid-approved,  
sting-free flavor

P **119.75** 70g  
P **169.75** 120g



**8 out of 10**  
experienced less  
tooth sensitivity  
in 7 days<sup>2</sup>

## Sensitive Gel Toothpaste

99.66% Natural | Vegan  
Flavor: Mild Mint

**Helps relieve ngilo**  
triggered by food,  
beverages and brushing

P **199.75** 105g  
P **299.75** 200g

**↑ UPSIZE NOW!  
SAVE P80.73**

Kids Natural Toothpaste is recommended for children two years & up who can thoroughly spit out the paste to avoid ingestion.

## Strong, Healthy Teeth and a Christmas for keeps

Christmas is a time for feasts, and it'd be a bummer to keep your family from enjoying treats. Keep their teeth protected from cavities with our natural toothpastes that do the trick minus the hurt!

- ✓ fights cavities
- ✓ protects enamel
- ✓ freshens breath
- ✓ cares for gums
- ✓ prevents plaque & tartar buildup



## Natural Gel Toothpaste

99.67% Natural | Vegan  
Flavor: Extra Fresh

**Helps remove surface stains**  
with **STAINCLEAR ACTIVES**

P **159.75** 105g  
P **279.75** 200g

**↑ UPSIZE NOW!  
SAVE P24.54**

“I feel **clean** and **fresh** when I brush with this. My teeth are now **stronger** and its **safer ingredients** prove effective! The no. 1 reason I trust this brand!”

- Pajodeca (website review)

## Natural Toothpaste

98.86% Natural | Vegan  
Flavor: Refreshing Mint

**Helps prevent** tooth decay, **improves** overall mouth health and **freshens** breath with **GREENMINERAL PLUS**

P **159.75** 120g  
P **279.75** 225g

**↑ UPSIZE NOW!  
SAVE P19.78**

<sup>1</sup>Based on a self-assessment test among users of other mouthwash brands

<sup>2</sup>Based on a self-assessment test conducted among individuals with sensitive teeth. You may still receive our Natural Gel and Natural Kids Toothpastes in their classic packaging while stocks last.





Also available in Tangerine Dream scent!

# a gift so tender & mild for your little angel



Lovingly formulated with at least 99.77% naturalness



Free from harmful ingredients linked to serious health risks<sup>1</sup>



Less likely to cause allergic reactions and are safer for sensitive skin<sup>2</sup>

<sup>1</sup>Worry Watch: Parabens In Baby Products. Retrieved from [www.babycenter.com](http://www.babycenter.com)

<sup>2</sup>Our Hypoallergenic Line-Up! Retrieved from [www.humanheartnature.com](http://www.humanheartnature.com)  
Read the full list here: [bit.ly/HypoallergenicHN](http://bit.ly/HypoallergenicHN)

## Baby Wash

At least 99.77% Natural | Vegan | Hypoallergenic

**Gently cleans baby's skin & hair** with a calming blend of rosemary, lavender and chamomile extracts

P **189.75** 190ml  
P **379.75** 490ml  
P **699.75** 1L\*



**UPSIZE NOW! SAVE P75.25**  
1L vs. 490ml Baby Wash

\*1L is available in Powder Love only

## Baby Lotion

99.99% Natural | Vegan | Hypoallergenic

**Moisturizes baby's delicate skin** with nutrient-rich aloe vera & avocado oil

P **189.75** 190ml  
P **399.75** 490ml

You may still receive our Baby Lotion Powder Love in its classic packaging while stocks last.



**UPSIZE NOW! SAVE P89.61**  
490ml vs. 190ml Baby Lotion

## Sunflower Wonder!

Preterm and newborn babies are at risk of developing infections. A massage with our baby oil infused with our cult-favorite Sunflower Seed Oil\* helps lessen these risks minus the harmful chemicals!

## Baby Wonder Oil

99.99% Natural | Vegan | Hypoallergenic

**Helps soothe baby's skin from minor discomforts, gently cleans baby's ears & belly button, and ideal for infant massage**

P **179.75** 100ml

50ml Baby Wash, Lotion and Oil are still available while stocks last.

**P50 OFF**

**Baby Wash 490ml or 1L when bought with Baby Bottle & Utensil Cleansing Powder 40g (p.81)**

**490ml Bundle P479.50**

**1L Bundle P799.50**

\*<https://bit.ly/sunflowerseedoilforbaby>

## Tiny Tots Treats

Share the gift of gentle & intimate care and help make parenting easier with **Human Nature's Baby Starter Set!** (p.15)

**P399.50 only**





# a snuggly holiday season

without rashes & worries from harmful chemicals

“I love this product! The nappy cream got rid of my newborn's rashes in just a few days. Very safe and effective for babies!” - Joana

## Nappy Cream

100% Natural | Fragrance-free | Hypoallergenic

Fights diaper rashes & wetness with kaolin clay and nourishes skin with antioxidant vitamin E

P 279.75 50g



### Talc Talk!

Talc, a common ingredient in baby powders, can contain asbestos which causes irritation and serious health risks like cancer.\*\* It's now banned even by big companies!

\*\*bit.ly/talcinbabypowders

## Talc-free Baby Powder

100% Natural | Vegan | Hypoallergenic

Absorbs excess moisture with milled cornstarch, rice powder and kaolin clay

P 219.75 70g

## Next9 Washable Diapers

Breathable, highly-absorbent & leak-proof microfiber diapers with adjustable snap buttons, snug elastic leg and waist fit and assorted designs\*

P 999 3 cloth diapers & inserts

# safe & gentle cleansing

for baby's everyday essentials

## Baby Bottle & Utensil Cleansing Powder

99.71% Natural | Vegan  
Fragrance-free

Care for the planet while keeping your little one's essentials clean with its plastic bottle-free, biodegradable and non-toxic formula.

P 149.75 40g

P 299.75 120g



SAVE UP TO  
P299.50

vs Baby Bottle & Utensil Liquid Cleanser



“Super tipid because it's in powder format! Gentle on the hands and the scent doesn't stick to the utensils.” - Trisha

P50 OFF

Baby Bottle & Utensil Cleansing Powder 40g when bought with Baby Wash 490ml or 1L (p.79)

490ml Bundle  
P479.50

1L Bundle  
P799.50

## Baby Liquid Detergent

100% Natural | Vegan  
Fragrance-free

Effectively removes dirt and stains without the harmful residue and toxic chemicals.

P 319.75 950ml

You may still receive our Baby Liquid Detergent in its classic packaging while stocks last.



## Baby Bottle & Utensil Cleanser

99.75% Natural | Vegan  
Fragrance-free

Keeps feeding tools and toys safely and effectively free from milk and food residue.

P 199.75 500ml

P 389.75 1000ml



UPSIZING NOW!  
SAVE P9.75  
SAVE 38% PLASTIC  
1 Liter vs. 500ml Baby Bottle & Utensil Cleanser

\*Designs are prepacked and we will do our best to serve designs for girls or boys depending on availability.



# Keep Kids Merry, Clean & Bright

With genuinely natural gifts

## Sugar, Spice & Holiday Smiles!

Let your kids enjoy sweets without worrying about tooth decay and cavities!



## Kids Natural Toothpaste

99.16% Natural | SLS/SLES-free  
Triclosan-free  
Flavor: Raspberry Mint

Recommended for children two years and up who can spit out the paste to avoid ingestion.

P **119.75** 70g  
P **169.75** 120g

**UPSIZING NOW!**  
SAVE P35.54  
vs. 70g Kids Natural Toothpaste



## Kids Bath Soap

100% Natural | SLS/SLES-free  
Paraben-free

Scent: Gummy Berry

P **99.75** 120g

# Make Christmas Bubbly & Bright

for your little ones



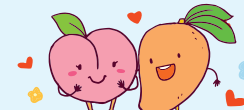
## Hair-Loving

✓ pH-balanced so it doesn't dry scalp



## Earth-Friendly

✓ Helps reduce plastic waste ending up in dumpsites & oceans



## Kid-Approved

✓ Yummy Peach Mango Pop scent

NO PLASTIC BOTTLE, LESS WASTE

## Easy As A-B-C!

Wet the shampoo bar & lather up

Work the lather onto wet hair & scalp

Rinse well. Store bar in a dry place after use.



## Natural Kids Shampoo Bar

95.07% Natural | Vegan  
Scent: Peach Mango Pop

P **144.75** 35g

P **249.75** 70g

**UPSIZING NOW!**  
SAVE P39.75  
70g vs. 35g Shampoo Bar for Kids

## Kids Shampoo & Body Wash

99.5% Natural  
SLS/SLES-free  
Paraben-free  
Scents: Tangerine / Apple

P **75.00** 50ml\*

P **159.75** 180ml

P **299.75** 400ml



**UPSIZING NOW!**  
SAVE P55.25  
SAVE 32% PLASTIC  
400ml vs. 180ml Kids Shampoo & Body Wash

\*50ml available in Tarsier and Pawikan packaging designs only

**“We love this bath jelly! It's soapy and easy to lather and rinse, and it smells really nice. My kid loves bathtime with this!”**  
- Gladys



## Kids Jiggly Bath Jelly

100% Natural | SLS/SLES-free  
Scent: Bubbleberry

P **299.75** 300g

## Kids Spray Sanitizer

Kills 99.99% of germs  
SLS/SLES-free | Paraben-free  
Scents: Green Apple  
Cosmic Clean / Berry  
Bubbleberry Clean

P **69.75** 50ml

**P20 OFF**  
**P279.75 only**



# HOLIDAY TREATS FOR HARDWORKING HEROES

Gifts That Truly Care for Him

Our **Men's Care** line has **hardworking ingredients** that care for men without the harmful chemicals. Truly the tough but natural care that they deserve!

## A. DEODORANT FOR MEN

100% Natural  
Alcohol-free  
Alum-free

**Fights odor** with natural antibacterial ingredients.

**P 129.75** 50ml

## B. PROTECT+PLUS DEODORANT FOR MEN

99.82% Natural  
Alum-free | Paraben-free

With **antibacterial sage oil** & **soothing mangosteen extract** for lasting odor protection.

**P 169.75** 50ml

## C. HAIR SHAPER FOR MEN

100% Natural  
Paraben-free

**Gives defined texture & a steady hold**, with Kaolin Clay that helps absorb dirt deposited on hair

**P 149.75** 50g

## D. SHAVING CREAM WITH PEPPERMINT

99.7% Natural  
Paraben-free

**Helps soothe razor burns** with aloe extract and **gives a smooth glide** with natural glycerin.

**P 179.75** 100ml

## E. DEODORIZING FOOT SPRAY FOR MEN

100% Natural | Paraben-free  
Triclosan-free

With **tea tree oil** that helps **fight bacteria-causing infections** brought by sweaty feet.

**P 174.75** 100ml

## F. 2-IN-1 MEN'S FACE WASH

99.99% Natural  
Paraben-free | SLS/SLES-free

Stay **clean and fresh** while keeping **oil under control** with bamboo charcoal and scrubs.

**P 109.75** 50ml

**P 174.75** 100ml

**UPSIZE NOW! SAVE P44.75**  
vs. two 50ml Face Wash

## G. 2-IN-1 ACTIVE BODY WASH & SHAMPOO

99.24% Natural

**DOUBLE DUTY skin & hair cleansing.** With **non-drying aloe** and **cooling peppermint**.

**P 299.75** 400ml

## H. 3-IN-1 MEN'S ANTI-DANDRUFF SHAMPOO

99.98% Natural

With **PureProtect Active** that helps fight away dandruff and flakes while protecting scalp and moisturizing hair

**P 199.75** 180ml

**P 399.75** 400ml

**UPSIZE NOW! SAVE P44.14**  
400ml vs. 180ml Anti-Dandruff Shampoo for Men

**9 out of 10 men** experienced reduced dandruff\*



**costs less per use vs. liquid shampoos**



shampoo bar

based on side-by-side usage test

**SAVE P54.38**

vs. 180ml 2-in-1 Active Body Wash & Shampoo



liquid shampoo

## I. NATURAL SHAMPOO BAR FOR MEN

95% Natural

**Deep-cleanses hair & scalp** with bamboo charcoal & **naturally moisturizes** with jojoba oil.

**P 149.75** 35g

## J. MEN'S BAMBOO CHARCOAL CLEANSING BAR

100% Natural

With dirt-fighting **bamboo charcoal**, moisturizing **natural glycerin** & cooling **peppermint**.

**P 89.75** 120g

\*Based on a self-assessment product test among users  
You may still receive our Men's Face Wash in its classic packaging while stocks last.



# Wrap your family in Toxin-free Clothes

for a warm & cozy holiday

## Kind to your skin, kind to our seas

Prolonged exposure to harmful chemicals found in synthetic home care products may harm our seas and our health.



### A Liquid Detergent

100% Natural | Vegan  
Scent: Citrus

**Gentle enough** for hand washing delicates and keeping colored fabrics vibrant, yet **hardworking enough** for uniforms. Leaves clothes clean, fresh and soft.

P 319.75 950ml

P 1,099.75 1 gallon



**UPSIZING NOW!**  
**SAVE P179.25**

**SAVE 63% PLASTIC**  
1gallon vs. four 950ml bottles

“I personally really like the new powder detergent! **IT'S POWERFUL ENOUGH TO CLEAN OR REMOVE DIRT ESPECIALLY ON WHITE CLOTHES MINUS THE STRONG SMELL AND CHEMICALS** that can irritate my skin and hands. It's purely detergent, and not a combination of chalk and detergent.” - Reymar



### B Natural Powder Detergent

100% Natural | Vegan  
Fragrance-free

Now with baking soda that **removes unwanted odor** on clothes, towels, and linens. **Effectively fights dirt** minus the harsh chemical residue and fabric stiffness.

P 274.75 1000g

### C Tea Tree Oil

100% Natural | Vegan

#### BODY ODOR BUSTER

Combine 2-3 drops with warm water in a spray bottle and spray on odor-prone areas such as armpits & feet to fight germs. You can also add a few drops in your laundry for an aromatic boost!

P 295 30ml

\*You may still receive our Powder Detergent in its classic packaging and formulation while stocks last.



# SQUEAKY CLEAN WITHOUT THE TOXINS

## with Christmas Clean-up Buddies

*"I'm allergic to dishwashing liquids with strong chemicals. Gentle on hands but tough on grease! I'm never going back to my previous brand!"*

— Lannie

*"I've been using HN's Dishwashing Liquid for five years now and I can say that*

*this Dishwashing Powder is as effective as the Dishwashing Liquid.*

*It performs just as well and it is much cheaper, too!"*

— CS

**SAVE**  
**P249.50**  
vs. three 500ml  
Dishwashing  
Liquid bottles

**120g**

**SAVE**  
**P50**  
vs. 500ml  
Dishwashing  
Liquid bottle

**40g**

**A Dishwashing Liquid**  
99.77% Natural | Vegan  
Scents: Lemon Calamansi / Grapefruit Orange

Effectively cleans tough dish stains **without leaving any harmful residue** while remaining **gentle on your hands**.

**P 119.75** 250ml  
**P 199.75** 500ml  
**P 389.75** 1L

**B Peppermint Oil**  
100% Natural | Vegan

Keep ants at bay by lacing nooks and crannies they pass through.

**P350** 30ml

**C Pure Lemon Oil**  
100% Natural | Vegan

Packed with **natural antimicrobial properties** to help cleanse your home from germs.

Just combine **5-10 drops** with water before wiping/spraying on surfaces.

**P245** 10ml

**Dishwashing Powder**  
97.66% Natural | Vegan  
Scent: Sparkling Citrus

**Plastic bottle-free and pocket-friendly.** Effectively fights tough dish stains minus the harmful chemicals.

**P 149.75** 40g  
**P 349.75** 120g

### CLEANER DISHES, GREENER PLANET!



**6x**

**STEP 1:**  
**SCOOP**  
6 tbsp.  
powder  
+ 500ml  
water



**STEP 2:**  
**SOAK**  
for 10-15  
minutes



**STEP 3:**  
**SHAKE** and it's  
ready to use!

**Helpful Hint:** Clumping may occur in the box but will not affect the efficacy of the product. Just crush clumps and dissolve. **For best results, use up each batch of dishwashing solution within 6 months.**



# Pawliday Gifts to Pamper your Pets

## Safety FURst!

Canine cancer is on the rise.\* Read the label and **choose safe & natural** pet care products that are **free from harmful ingredients** linked to pet cancer.

### 4-in-1 Natural Cocomutt Shampoo

99.25% Natural  
Vegan

- ✓ Moisturizes for softer & shinier fur
- ✓ Gets rid of pet odor
- ✓ Helps soothe itchy, irritated skin
- ✓ Gentle even for puppies & kittens

**P299.75** 400ml

### 4-in-1 Natural SunShine Serum

100% Natural  
Vegan

**Infused with cult classic sunflower oil** that:

- ✓ Nourishes skin and coat
- ✓ Softens and shines
- ✓ Detangles matted fur
- ✓ Deodorizes and freshens

**P274.75** 95ml

# Skin-Safe, Sea-Friendly

## Sun Protection for Holiday Vacations

### SafeProtect SPF30 Sunscreen PA++++

100% Natural

**P 299.75** 50g

**P 499.75** 100g

**SUPERIOR PA++++**

highest protection  
against skin-aging  
UVA rays

**SPF 30**

blocks 97%  
of skin-burning  
UVB rays.  
Recommended  
by dermatologists

**#1 NATURAL, REEF-SAFE SUNSCREEN IN PH\*\***

Safe for babies  
6 months  
& up

### SafeProtect SPF30 Sunscreen for Babies & Kids PA+++

100% Natural  
Hypoallergenic  
Water-resistant

90 **P 299.75** 50g

\*Source: [bit.ly/CanineCancerChemicals](https://bit.ly/CanineCancerChemicals)

\*\*May 2021 Euromonitor International Report: Sun Care in the Philippines

# Perfect Protection for Outdoor Holiday Fun



### Skin Shield Lotion

100% Natural | Vegan  
Hypoallergenic  
DEET-Free

**P 104.75** 50ml

### Skin Shield Oil

100% Natural | Vegan  
Hypoallergenic  
DEET-Free

**P 104.75** 50ml  
**P 189.75** 100ml\*

\*also available in  
soybean-free formulation.

**UPSIZING NOW!  
SAVE P19.75  
SAVE 25% PLASTIC**  
100ml vs.  
two 50ml bottles

## SKIN GUARDIANS

Don't settle for DEET even during the hustle of the holidays. Found in many insect repellents, DEET poses serious health risks when applied regularly.\* Give your family **DEET-free protection** with the powerful yet safe blend of **citronella and eucalyptus oils** which moisturizes as it shields skin.

\*bit.ly/DEETrisks

[www.humanheartnature.com](https://www.humanheartnature.com) | 91



# Uplifting Gifts Love Filled Treats

## TUMMY TREATS, SOUL SWEETS

### Basilio Coffee Harana Blend

Locally-sourced air roasted  
Arabica, Robusta & Excelsa Blend

**P 400** 250g

Basilio's **community roasters boost income for farmers** compared to trading raw beans.



### Sweet & Fit Stevia

Home Pack (1 pack per box)

**P 309.75** 100g



Sweet & Fit provides **educational aid, health care and training for community members** in Bulacan.



Let's celebrate a Christmas that truly means #WalangIwanan!

Spread love for the Philippines with meaningful gifts that help uplift Filipino families and pave the way towards a better quality of life. When you buy these social enterprise products, you help create sustainable income streams for their partner communities, especially those hard-hit by the pandemic.

Learn more:



### Kayumanggi Organic Wild Ginger Tea

A sweet-spicy blend  
of ginger root &  
coconut sugar

**P 399.75** 200g



### Kayumanggi Organic Cacao Real

A blend of rich  
cacao & raw  
coconut sugar

**P 369.75** 200g

Kayumanggi Organic pays partner farmers **20% above market price for raw materials.**



### Tintan's Cookie Bites

**Bestseller** Moringa Choco Chip

**P 170** 120g

#### Assorted Cookie Bites

Double chocolate & oatmeal, white chocolate & cashew and chocolate chip

**P 160** 120g

Tintan's products are baked by moms and working students in Gawad Kalinga Baseco.



PERFECT  
GIFT

## GIFTS OF COMFORT & WELLNESS



### Aurae Natura Diffuser Blends

Pure Essential Oil Blends

**Bestseller Blissful Sleep:** Calming lavender, bergamot, neroli petitgrain, ho wood, green mandarin, sweet orange and ylang-ylang oils

**Fresh Escape:** Revitalizing peppermint, sweet orange and ravintsara oils

**Sweet Sanctuary:** Relaxing ylang-ylang, patchouli, sweet orange and grapefruit oils

**Joyful Mornings:** Mood-boosting grapefruit, bergamot, green mandarin and lemon oils

**P 359** 5ml

No approved therapeutic claims



### Aurae Natura Blissful Sleep Pillow Spray

A concentrated blend of  
essential oils & floral waters  
to help ease you into sleep.

**P 199.75** 10ml

Aurae Natura aims to **uplift poor communities with its profits** and help nurture the Philippine essential oil industry.



*"I have tried other products but this spray worked wonders together with the Aurae Natura Sleep diffuser blend. The combination has **helped put my toddler to sleep and prevent waking up in the middle of the night.**"*

- Michelle (website review)



### Apicuria Oral Spray

Helps with minor mouth and  
throat irritation

**P 299** 12ml

No approved therapeutic claims

By helping & guiding a community of beekeepers, The Bee Empire opened a **sustainable source of income which helped curb the practice of kaingin** in Tanay, Rizal.



*"Any slight ache in the throat or sinus and I would spray this. **It always works like a charm.**"*

- Rach (website review)

www.humanheartnature.com | 93



# Sign up & Save More on your Holiday Shopping!

**15% OFF**  
MEMBER DISCOUNT\*

- No Minimum Spend
- Up to 25% Member-exclusive Discounts
- No Monthly Minimum Spend

OR

**EARN UP TO  
40%**

DEALER DISCOUNT  
until December 31, 2022  
plus  
Up to 10% Commissions



\*Home Care, Sunflower Beauty Oil, Next 9 Diapers, Refilling Station and Social Enterprise products have a Member ceiling discount of 10% discount.



## FIND YOUR NEAREST BRANCH

### Metro Manila

**Flagship Store**  
with refilling station  
Store: (02) 8-784-7722  
0917-624-0876  
Orders@humanheartnature.com  
Flagship@humanheartnature.com  
f @humanheartnature

**NEW Ayala Malls Feliz Branch**  
09177073937  
feliz@humanheartnature.com  
NOW OPEN!

**Antipolo Branch**  
(02) 8-534-0512  
0933-824-2648 / 09982193553  
antipolotown@humanheartnature.com  
f @hnanantipolotownproper

**Cainta Branch**  
0933-821-2420  
Deliveries Only

**Caloocan Branch**  
0922-378-3188  
Deliveries Only

**Cubao (Araneta City) Branch**  
(02) 8-363-8908 /  
0923-022-5555 / 0998-500-2309  
cubao@humanheartnature.com  
f aranetacity@humanheartnature.com  
f humannatureCubao  
NOW OPEN!

**Festival Mall Branch**  
with refilling station  
(02) 8-731-8412  
0927-553-6086 / 0917-713-2851  
festivalmall@humanheartnature.com  
f @HumanNatureFestivalMall  
Alabang

**NEW Glorietta Branch**  
with refilling station  
(02) 8-7216348 / 0917-6264367  
makati@humanheartnature.com  
f @humannatureglorietta  
NOW OPEN!

**Katipunan UP Town Center Kiosk**  
0915-596-2289  
Humannatureuptc@gmail.com  
f @Humannatureuptc

**NEW Lucky Chinatown Mall**  
0923-0884-800 / 0998-5002-308  
binondo@humanheartnature.com  
f @hnbinoondo  
NOW OPEN!

**Parañaque Branch**  
(02) 8-361-9664 / 0917-626-8794  
paranaque@humanheartnature.com  
f @hnparanaque

### Pasig Branch

(02) 8-650-3413 / 0917-848-6591 /  
0933-821-2420 / 0933-821-2440  
pasig@humanheartnature.com  
f @hnpasig

**SM Megamall Branch**  
with refilling station  
(02) 7-914-3947 / 0917-625-0331  
smmegamall@humanheartnature.com  
f @HumanNatureMegamall

**NEW SM North Towers Branch**  
0917-626-7630  
smb@humanheartnature.com  
f @HNSMNorthTowers  
New kiosk location

**Trinoma Branch**  
with refilling station  
(02) 7-915-4959 / 0917-712-6394  
trinoma@humanheartnature.com  
f @HumanNatureTrinoma

### Luzon

**Baguio City Branch**  
(074) 619-2565  
0915-601-0200  
hn-baguio@humanheartnature.com  
f @humannaturebaguioiph

**Dagupan Branch**  
(075) 540-0470 / 0977-769-6272  
0917 103 1883  
dagupan@humanheartnature.com  
f @hndagupan

**Imus, Cavite Branch**  
(046) 529-6955 / 0916-328-5378  
0977-801-7485  
imus@humanheartnature.com  
f @hnmimuscavite

**NEW Lipa, Batangas Branch**  
(043) 276-9956 / 0917-883-3422  
0908-815-0234  
lipa@humanheartnature.com  
f @hnbatangasph

**NEW Marquee Mall, Pampanga Branch**  
(045) 436-3895  
(045) 300-8770  
0956-962-1222  
f @HNMMarquee  
marqueemall@humanheartnature.com  
NOW OPEN!

**Meycauayan Bulacan Branch**  
(044) 913-7461 / 0925-527-1215  
meycauayan@humanheartnature.com  
f @hnmeycauayan

### Visayas

**Bacolod Branch**  
(034) 435-8279 / 0998-790-7904  
09278842180  
bacolod@humanheartnature.com  
f @hnbacolod

**Bohol Branch**  
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